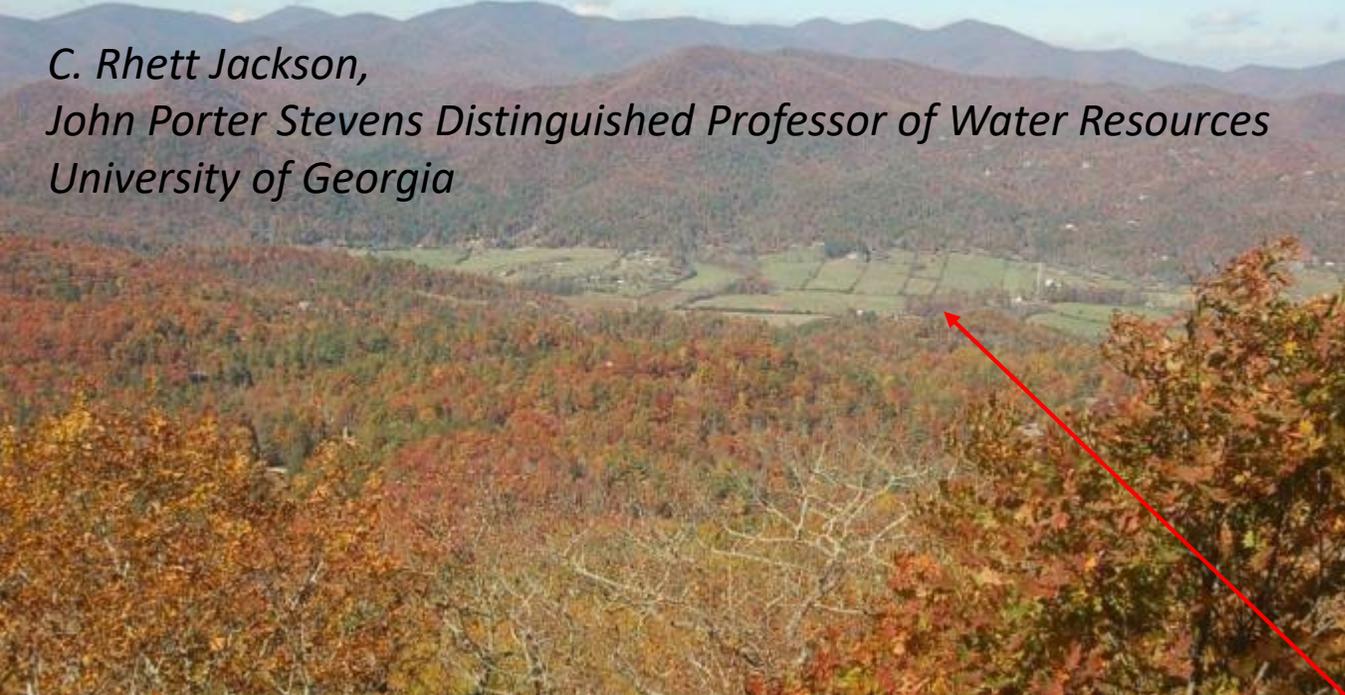
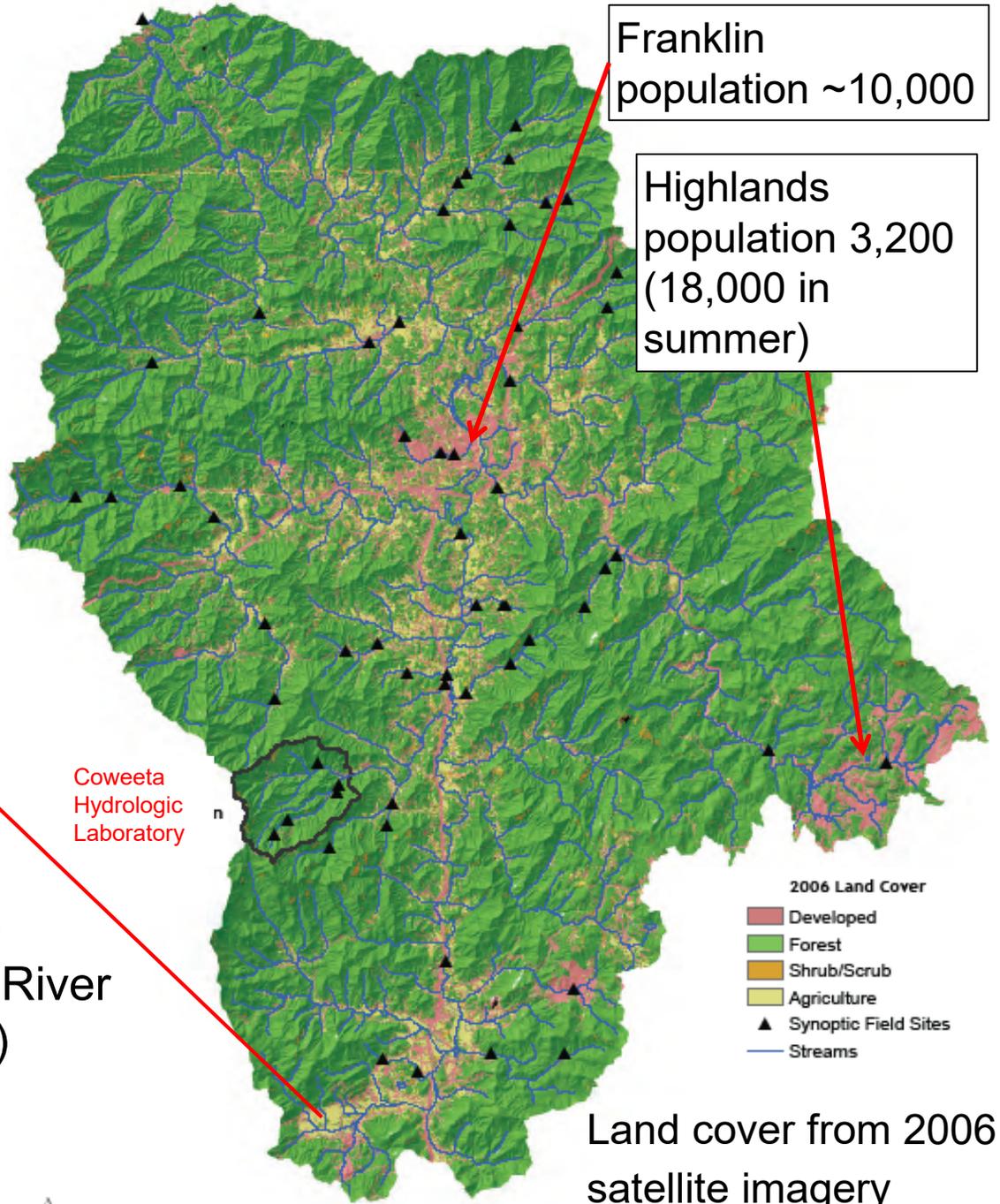


# Low Density Rural Landscapes Don't Necessarily Support Clean Healthy Streams

*C. Rhett Jackson,  
John Porter Stevens Distinguished Professor of Water Resources  
University of Georgia*



Brook trout, NWF



Upper Little Tennessee River Basin (ULT)



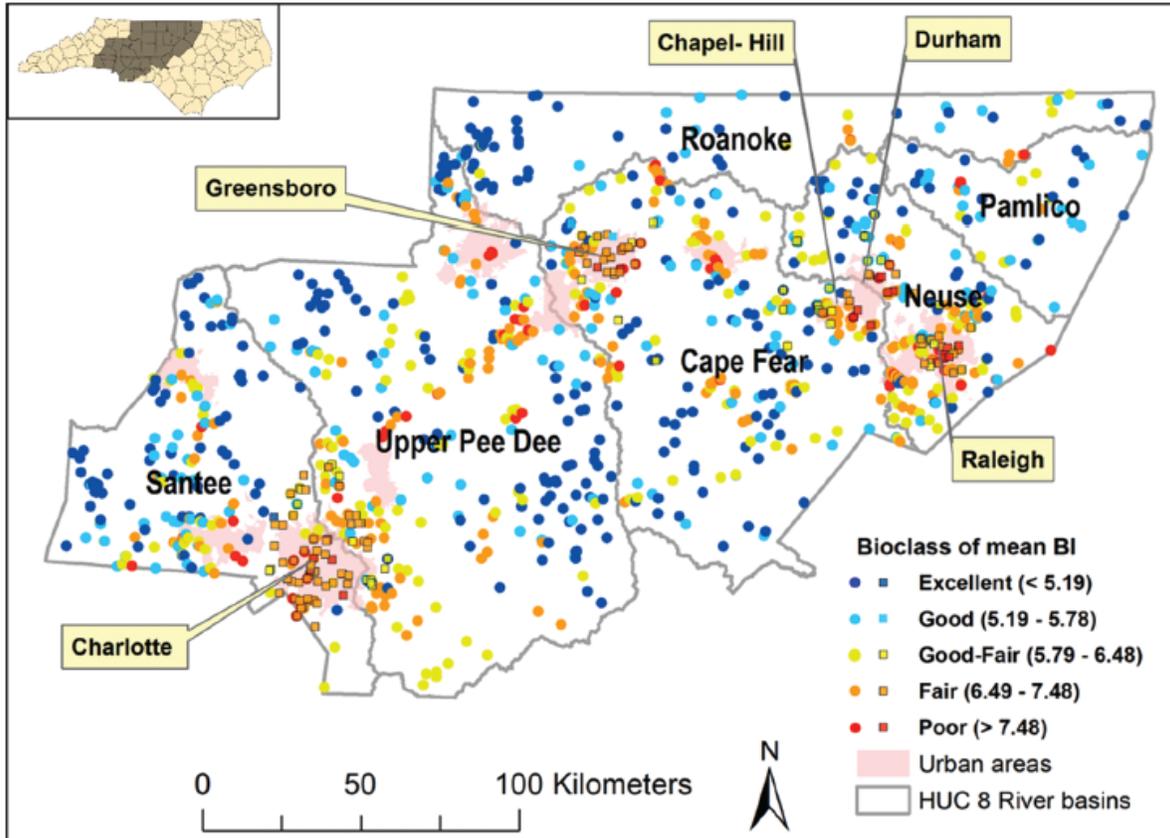
Land cover from 2006 satellite imagery



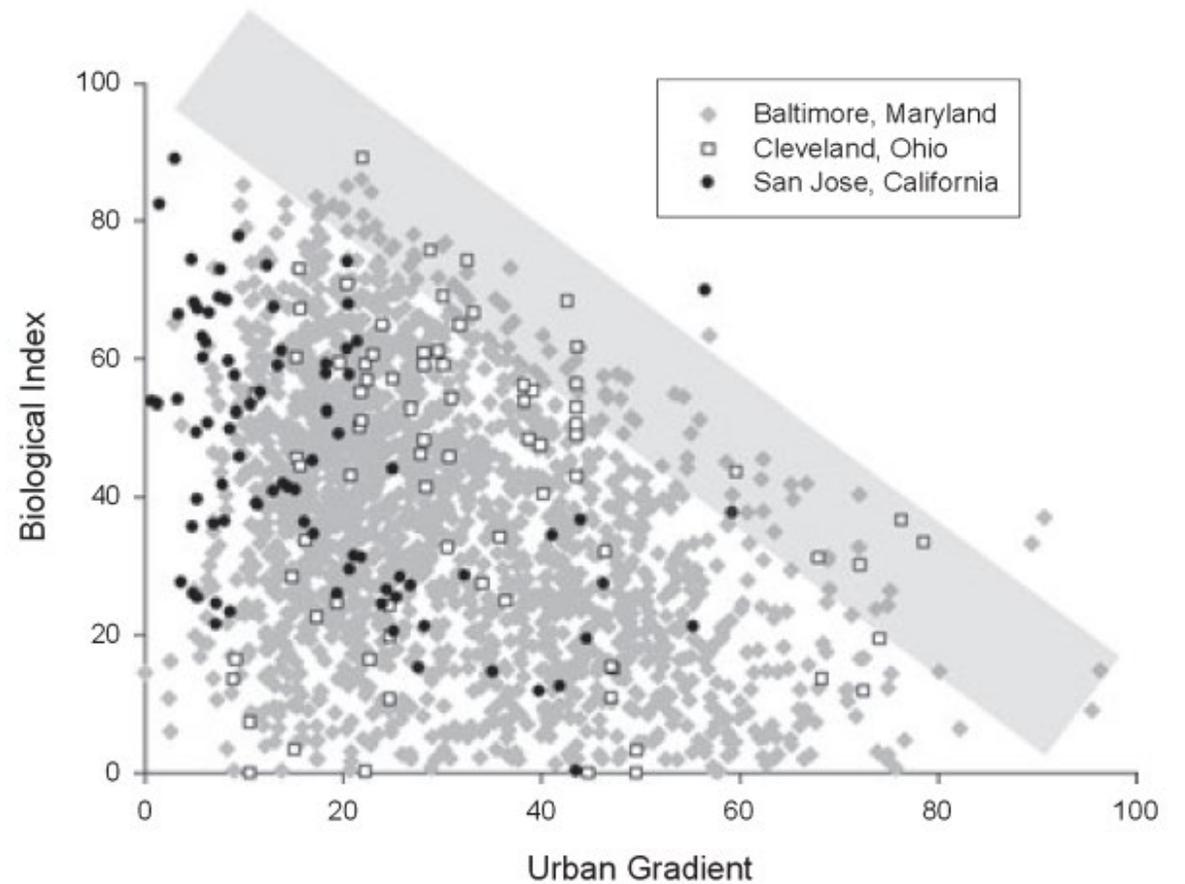
Why do people stay in the Southern Appalachians and move here? Environmental and lifestyle amenities.

“Exurbanization” – the movement of people to a region for reasons other than employment. E.g. second home development and retirement homes.

Aggregate forest cover in the ULT watershed is 80%. So... we might expect clean, healthy, forest streams.  
**What are the water quality and habitat effects of low levels of rural development and exurbanization?**



Paul et al. 2009. JAWRA



Miller, Paul, & Obenour. 2019. Freshwater Science.

**Basic Rule of Thumb: urban streams are bad, agricultural streams are bad, forested streams are good.**

**So, why would we have stream degradation in a landscape that is 80% forested?**

## Ecology (Dr. Jackson's definition):

**Ecology** is the study of how light, H<sub>2</sub>O, C, N, P, K, (carbon and nutrients) minerals, oxygen, and substrate space are apportioned among individual organisms, species, and guilds through space and time. Local ecosystem characteristics and processes are the byproduct of the interaction of natural selection (evolution), resource limitation (conservation of mass and energy), and topography.

The ecology of streams is intimately connected to the condition of the riparian zone.

**In forested ecosystems, fish are essentially made out of leaves and sticks. In agricultural systems, fish are largely made of soil C and fertilizers.**

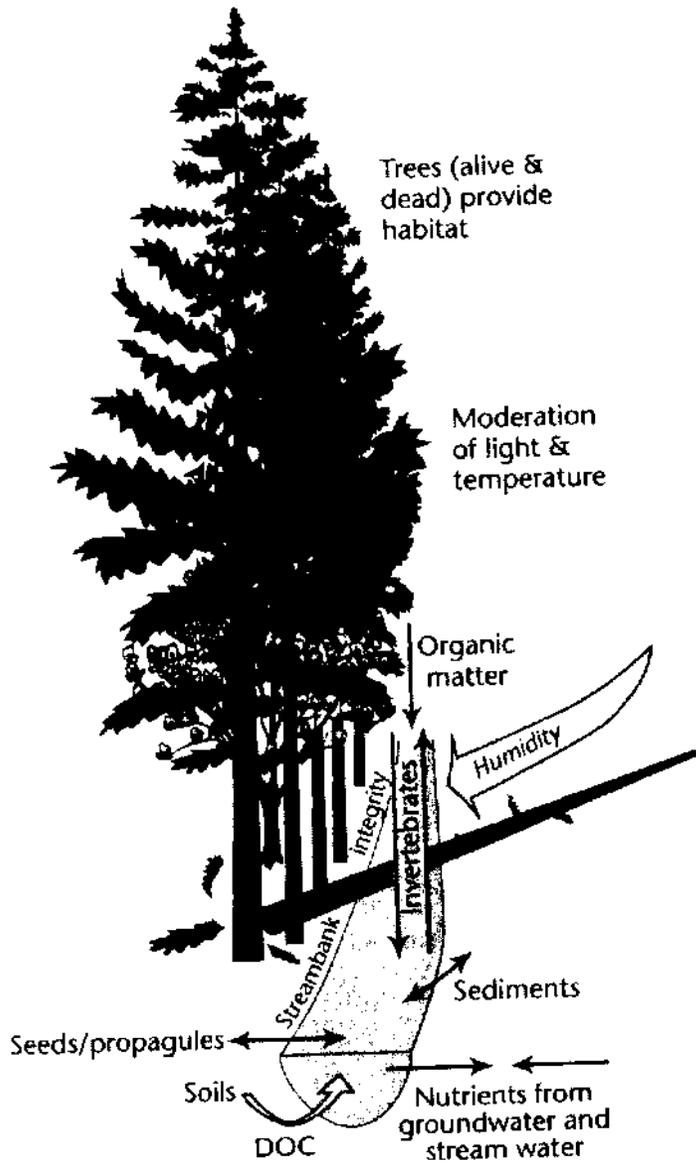


Figure 1. Schematic of the interactions between headwater streams with their riparian areas. Some flows go in two directions, for instance, invertebrates falling from the canopy into the stream and adult aquatic insects leaving the stream and being intercepted in the riparian area. Humidity tends to increase toward the channel due to the presence of water and the low point in the topography.



Forested mountain streams:

Are messy,

Have dense overhanging vegetation and overhead canopy,

Are well-shaded in summer,

Are cold and clear,

Receive a lot of organic input.

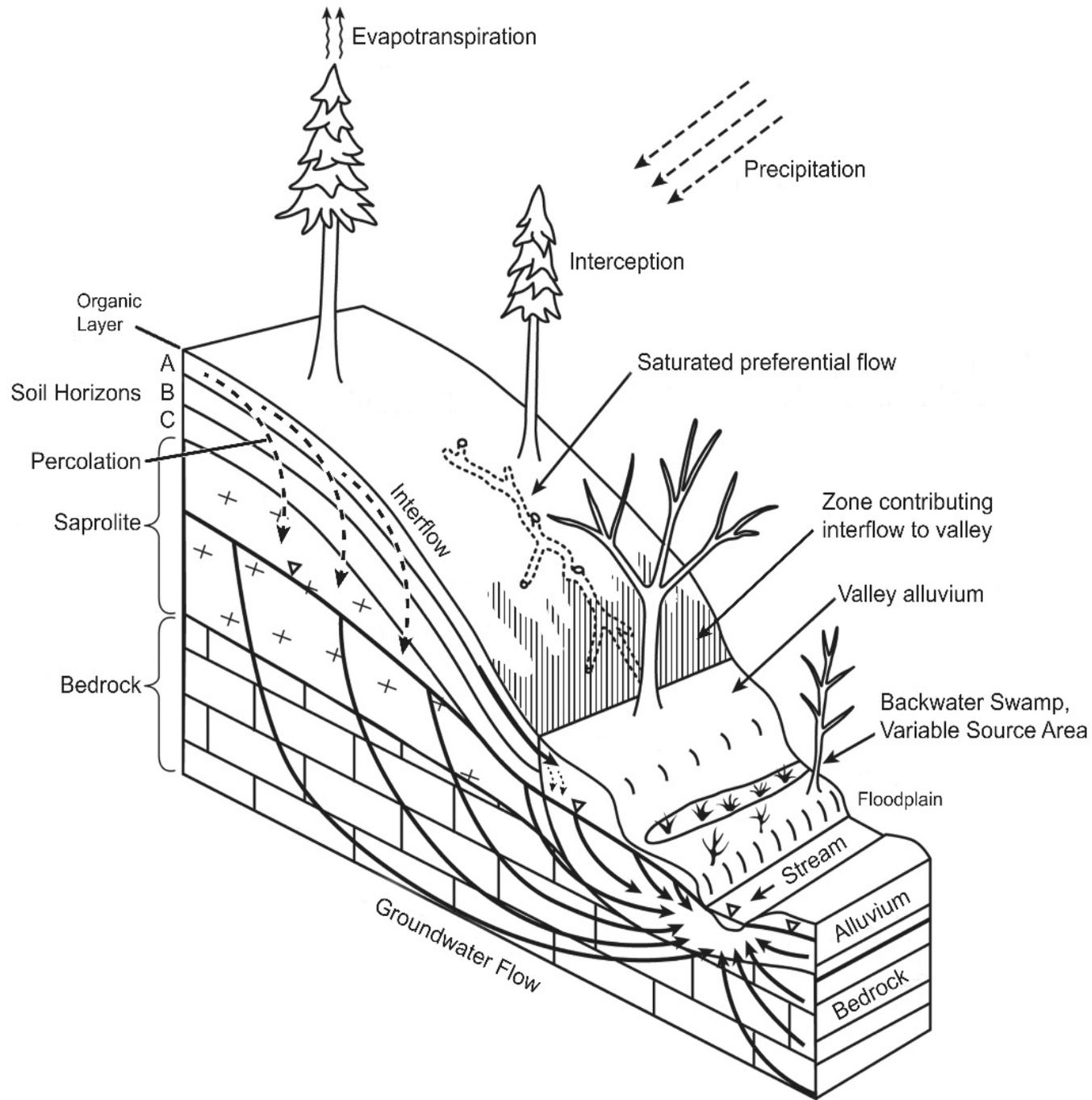
Have lots of wood in the channel,

And feature habitat complexity.



# The Solution to Pollution Is Dilution

*Note: except  
for two  
historical  
Appalachian  
photos, all  
photos in this  
presentation  
are from the  
ULT Basin.*



## Hydrology

In undisturbed forests and grasslands, rainfall reaches streams mostly by slow subsurface pathways.

Nutrient and carbon contributions from the landscape to streams are minimal.

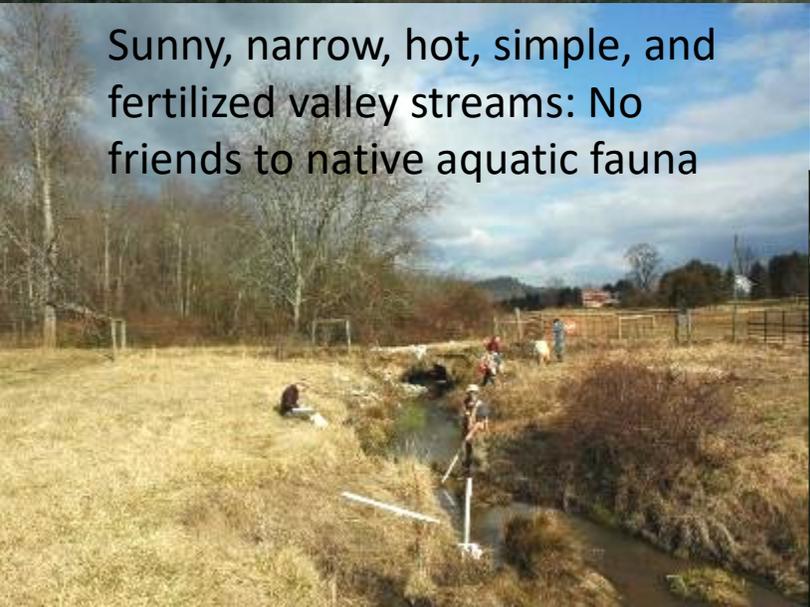


Lower portion of Coweeta Creek basin



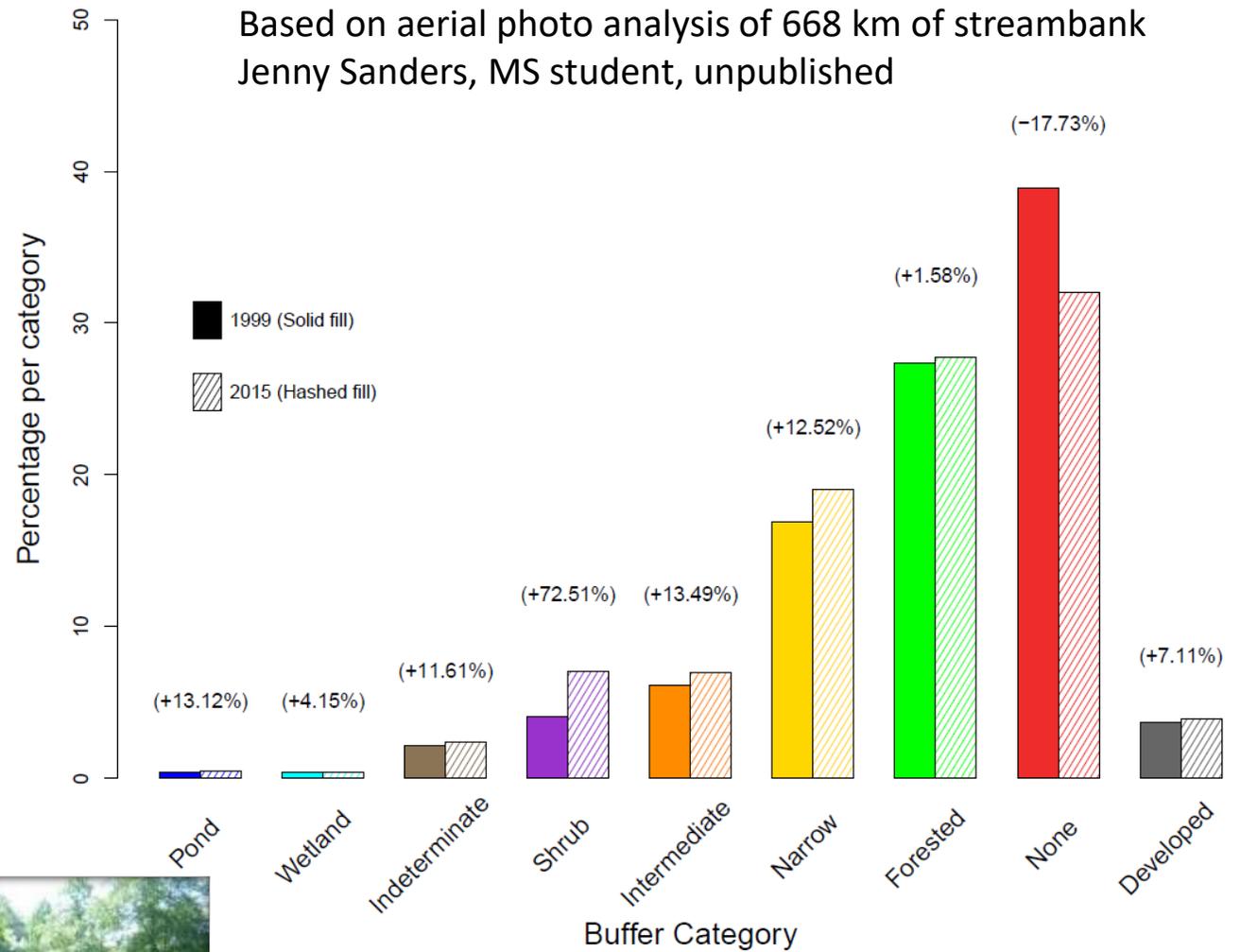
Coweeta Lab  
(all forest above)

Sunny, narrow, hot, simple, and fertilized valley streams: No friends to native aquatic fauna



### Upper Little Tennessee River Buffer Condition: 1999–2015

Based on aerial photo analysis of 668 km of streambank  
Jenny Sanders, MS student, unpublished



2/3<sup>rd</sup>s of all valley stream banks feature either no, narrow, or shrub buffers or developed lands.

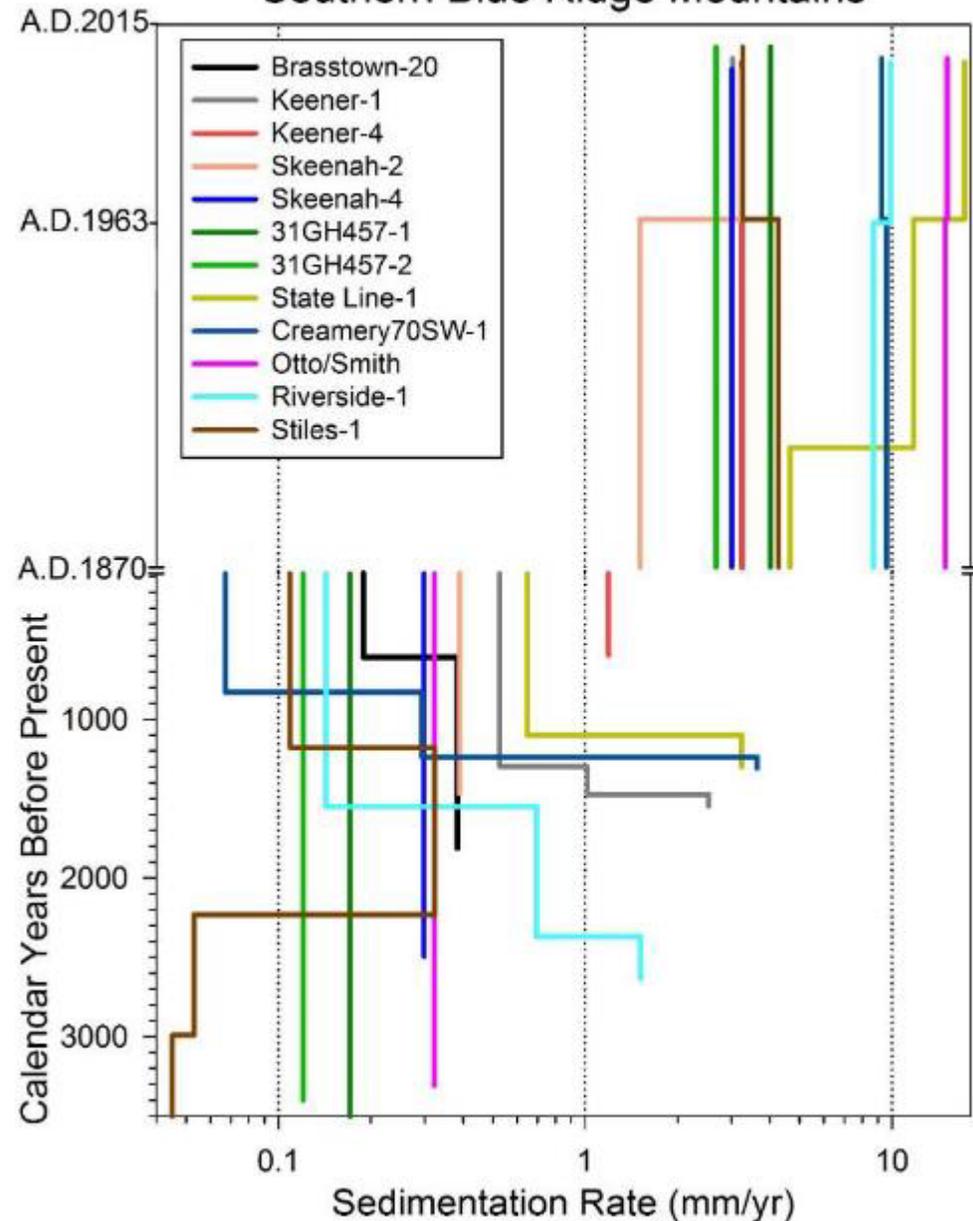




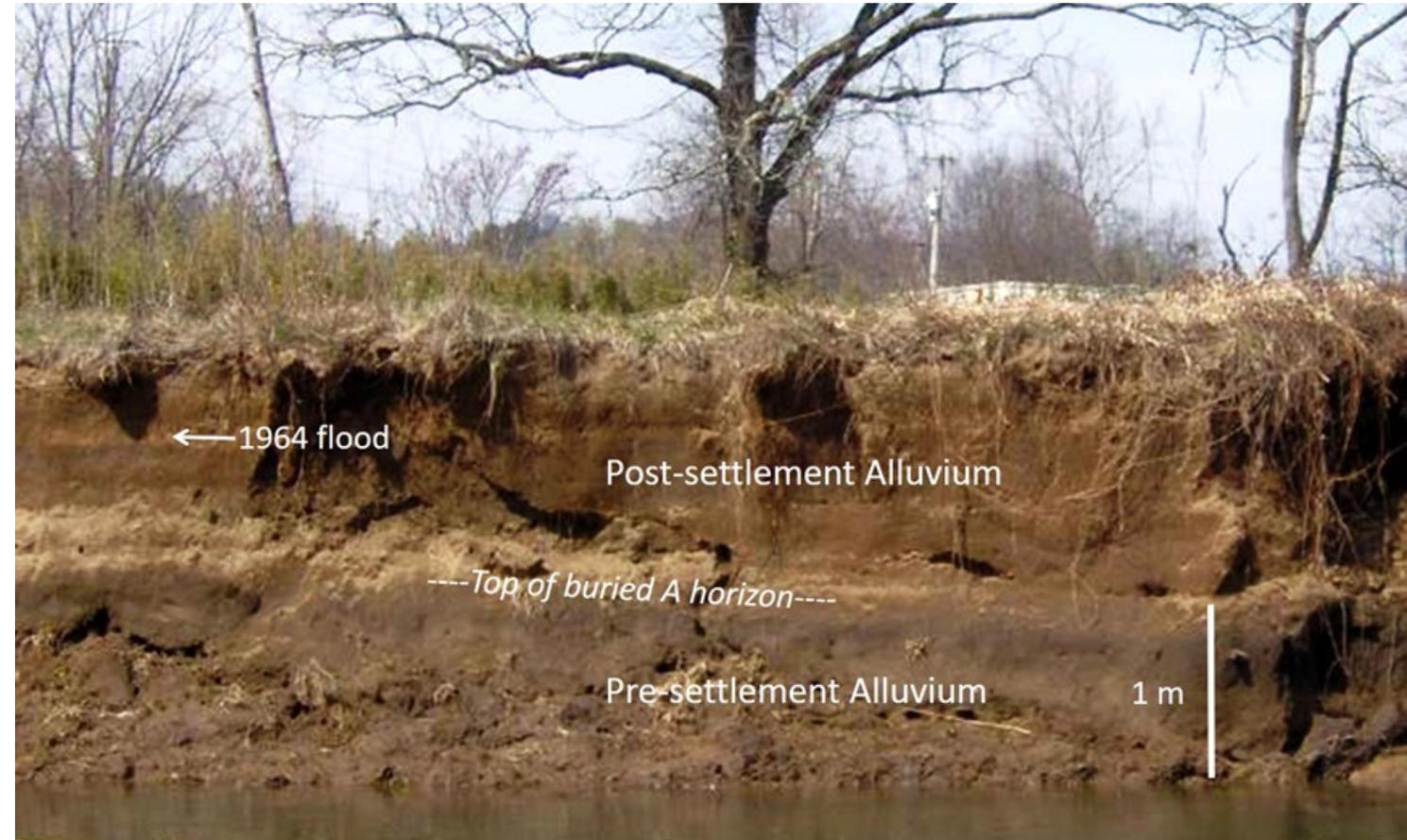
Home of Fannie Corbin, Shenandoah National Park, October 1935 Library of Congress, # LC-USF33- 002167-M2

Senate Document 84. Message from the President of the United States Transmitting A Report of the Secretary of Agriculture in Relation to the Forests, Rivers, and Mountains of the Southern Appalachian Region.

## Long-Term-Average Sedimentation Rates Southern Blue Ridge Mountains

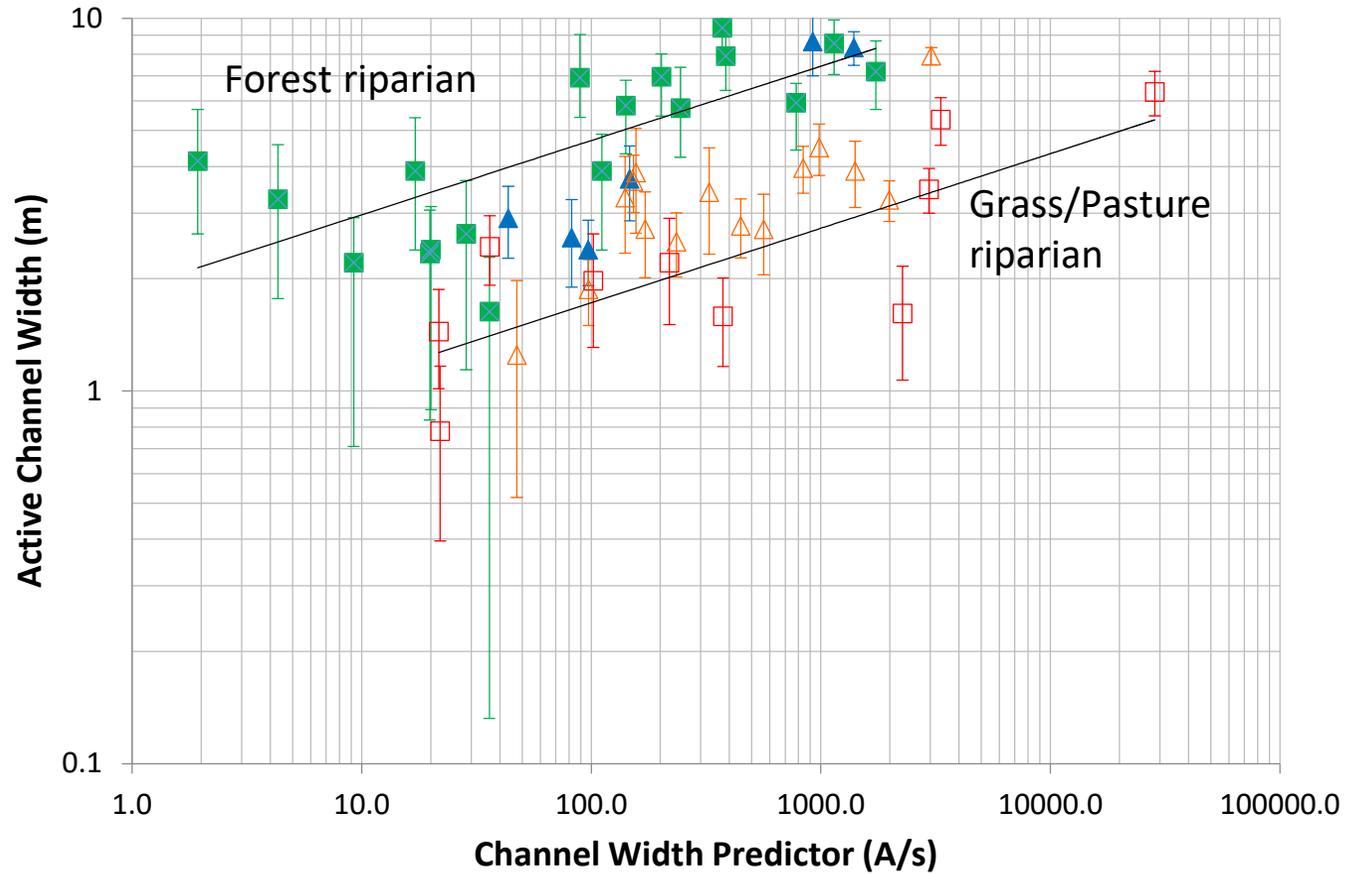


Valley sedimentation rates increased tenfold after European settlement and remain high, sometimes highest at the present.



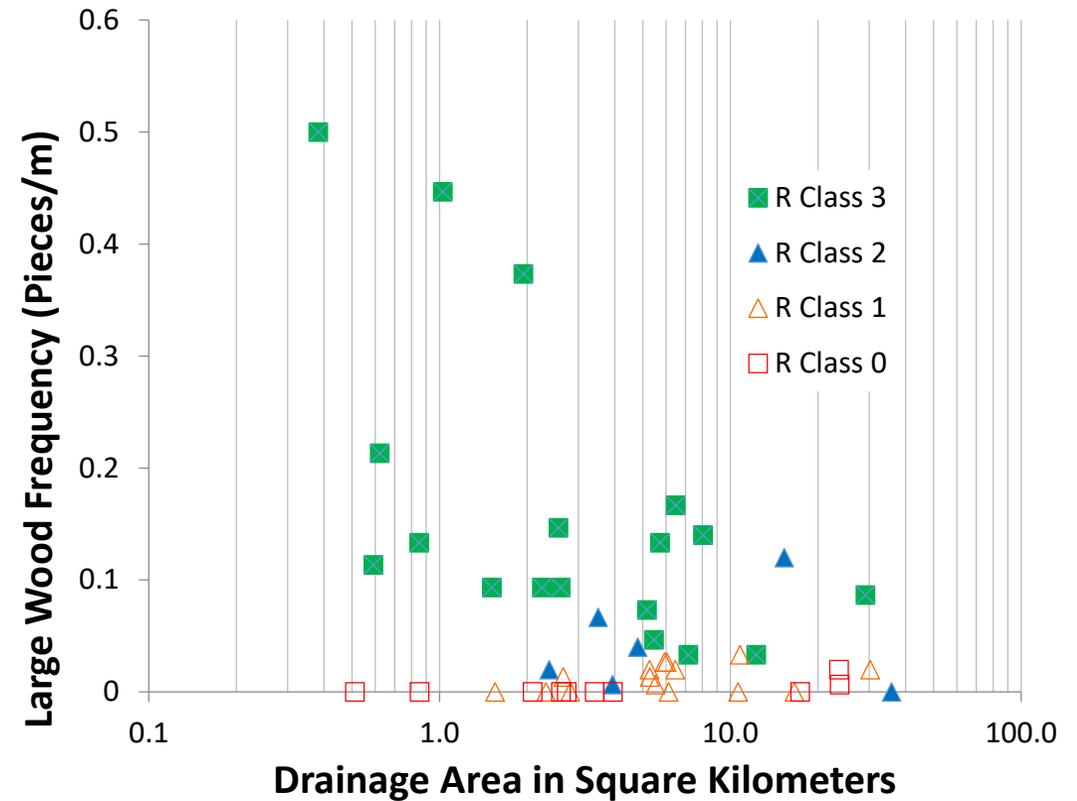


**Because of past sedimentation and riparian forest removal, many lower valley streams feature incised channels.**



Channel widths of grass/pasture streams are 33% to 40% of those with full forest buffers. This difference was expected, but not the magnitude. Even narrow buffers improve channel conditions.

*Jackson et al. 2015. River Research and Applications.*



Wood frequencies in the forested streams are low relative to other ecoregions, but stream segments without forested buffers essentially have no wood at all.

*Jensen et al. 2014. Phys. Geography.*

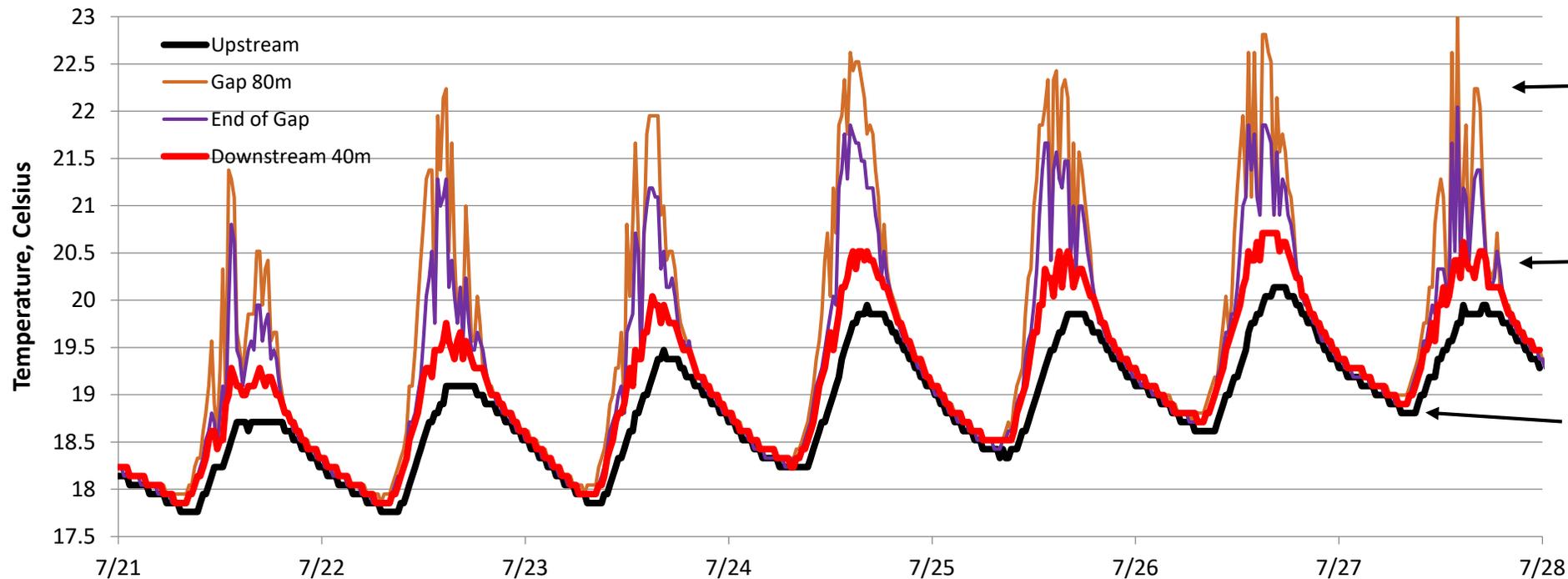
*Jackson et al. 2015. River Research and App.*

# Shope Fork Creek riparian gap created for climate station at Coweeta Hydrologic Lab



Summer stream temperatures in small mountain streams are very sensitive to changes in riparian condition.

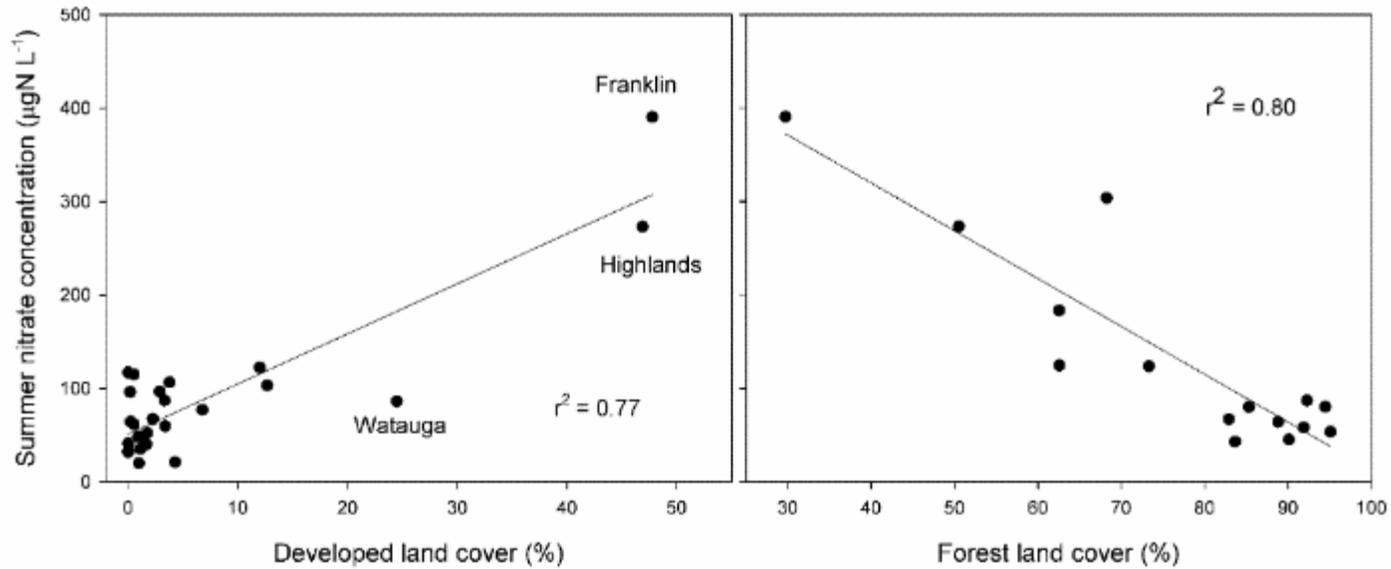
High maximum temperatures and diurnal variation under canopy gaps.



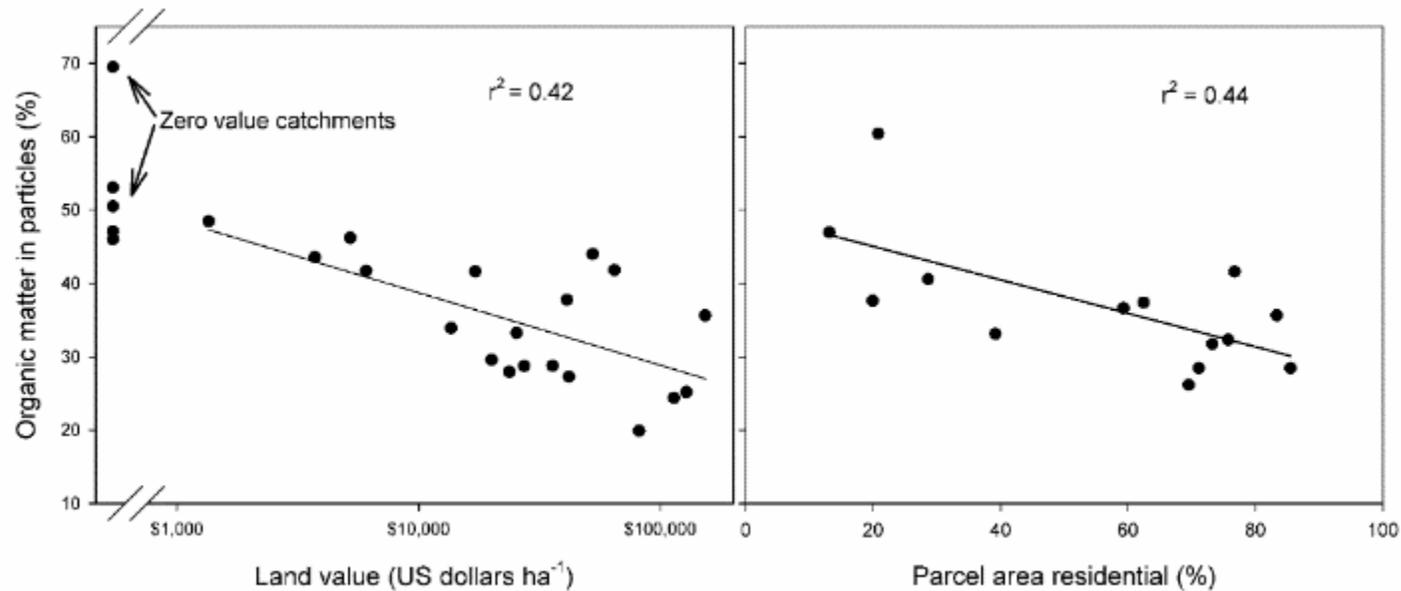
← Rapid heating within gap

← Rapid cooling below gap

← No differences in night-time temperatures.



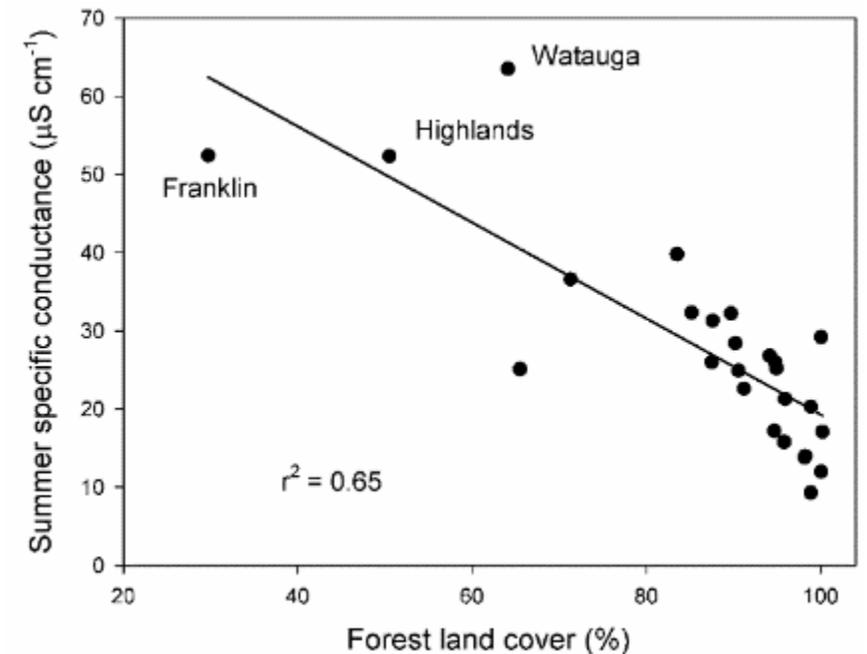
$[\text{NO}_3^-]$  increases substantially with just 25% forest loss or 10% development. High variability in low-disturbance watersheds.



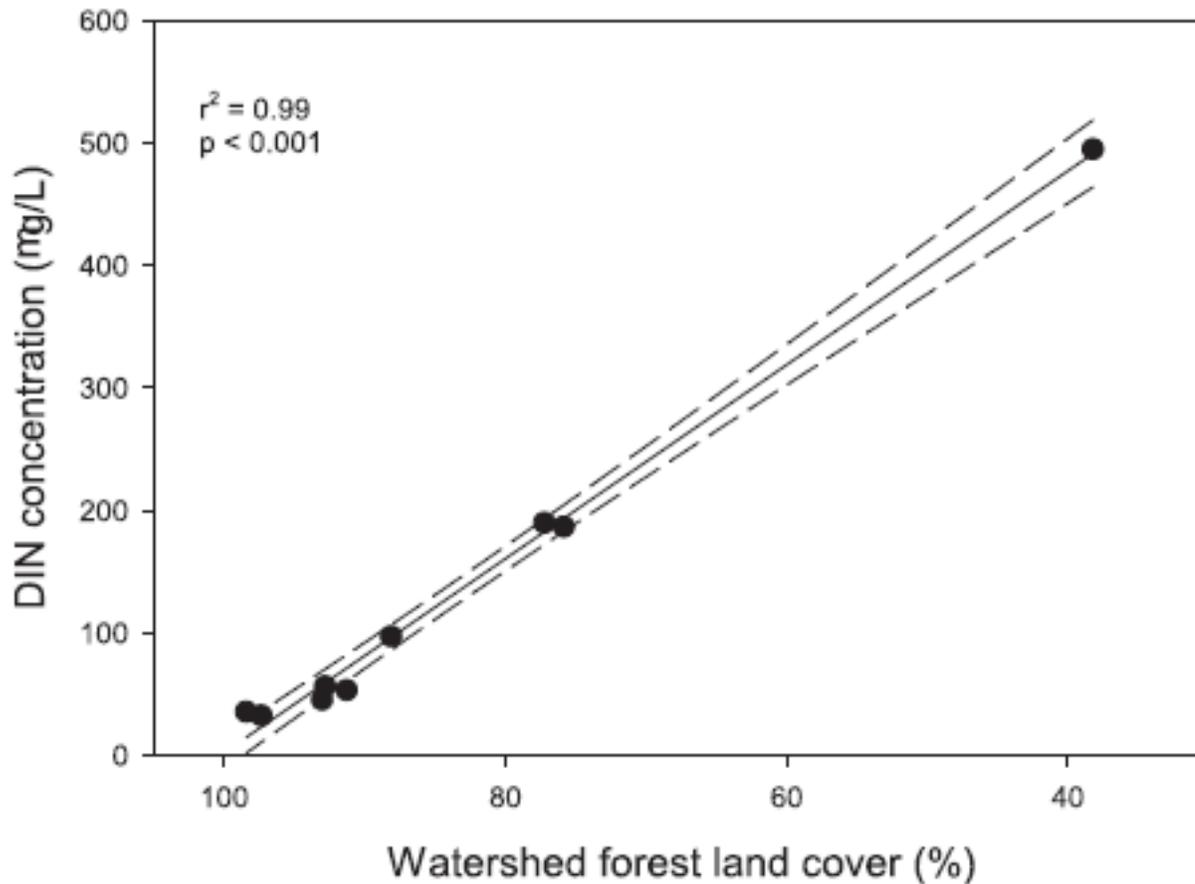
Smaller proportion of organic matter in particles as land value increases!

**Rural streams are subsidized by fertilizers and agricultural/horticultural chemicals.**

*Webster, J.R., et al. 2012. Water quality and exurbanization in southern Appalachian streams. in P.J. Boon and P.J. Raven, (Eds.) River Conservation and Management. Wiley-Blackwell, Chichester, UK.*



Specific conductance responds to very low levels of forest conversion. Lots of noise in more developed watersheds.



***Figure 7. Stream dissolved inorganic nitrogen (DIN) concentrations across a gradient of forest cover. Basin forest cover explains 99% of the variation in stream DIN. Source: Adapted with permission from Webster and colleagues (2019).***

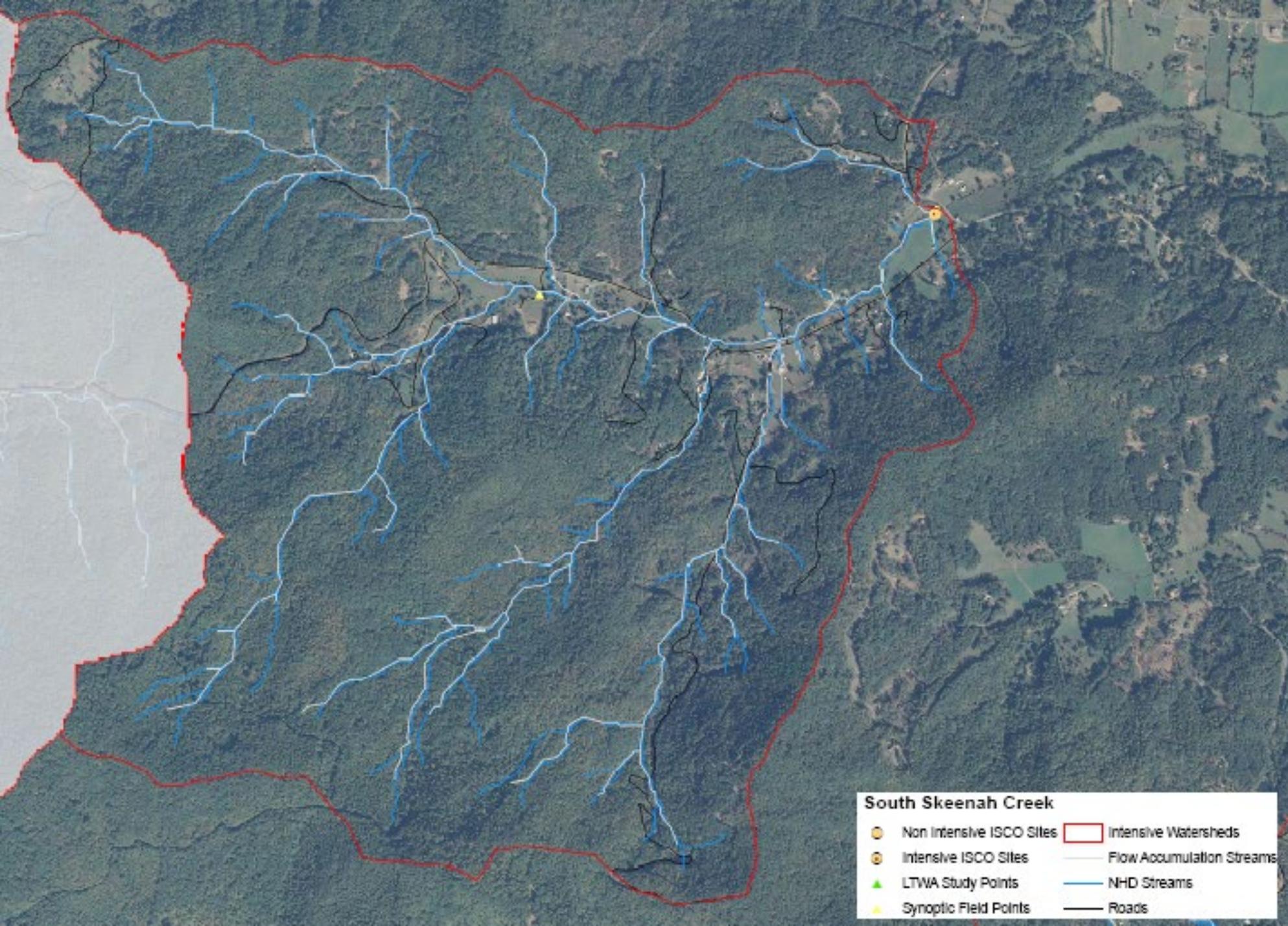
In all datasets we've analyzed, we have found a VERY strong relationship between forest conversion and concentrations of dissolved inorganic nitrogen, including nitrate nitrogen.

These are bioavailable forms of nitrogen that accelerate growth of algae and other aquatic organisms.

So, if riparian forest removal puts more sunlight on streams and forest conversion puts more bioavailable nitrogen in streams, then the streams are going to become warmer and more productive and they are going to grow more algae.

This changes aquatic food webs. Appalachian streams shift from detrital-based (leaves and twigs) to algal-based.

Furthermore, the increased N primes the pump for decomposition, so leaves in the stream decompose faster, sometimes creating late summer food scarcity.



Typical “valley development”  
land use pattern  
of the  
S. Appalachians

South Fork  
Skeenah Creek  
southeast of  
Franklin, NC.

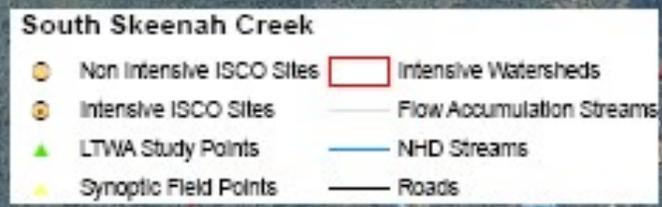
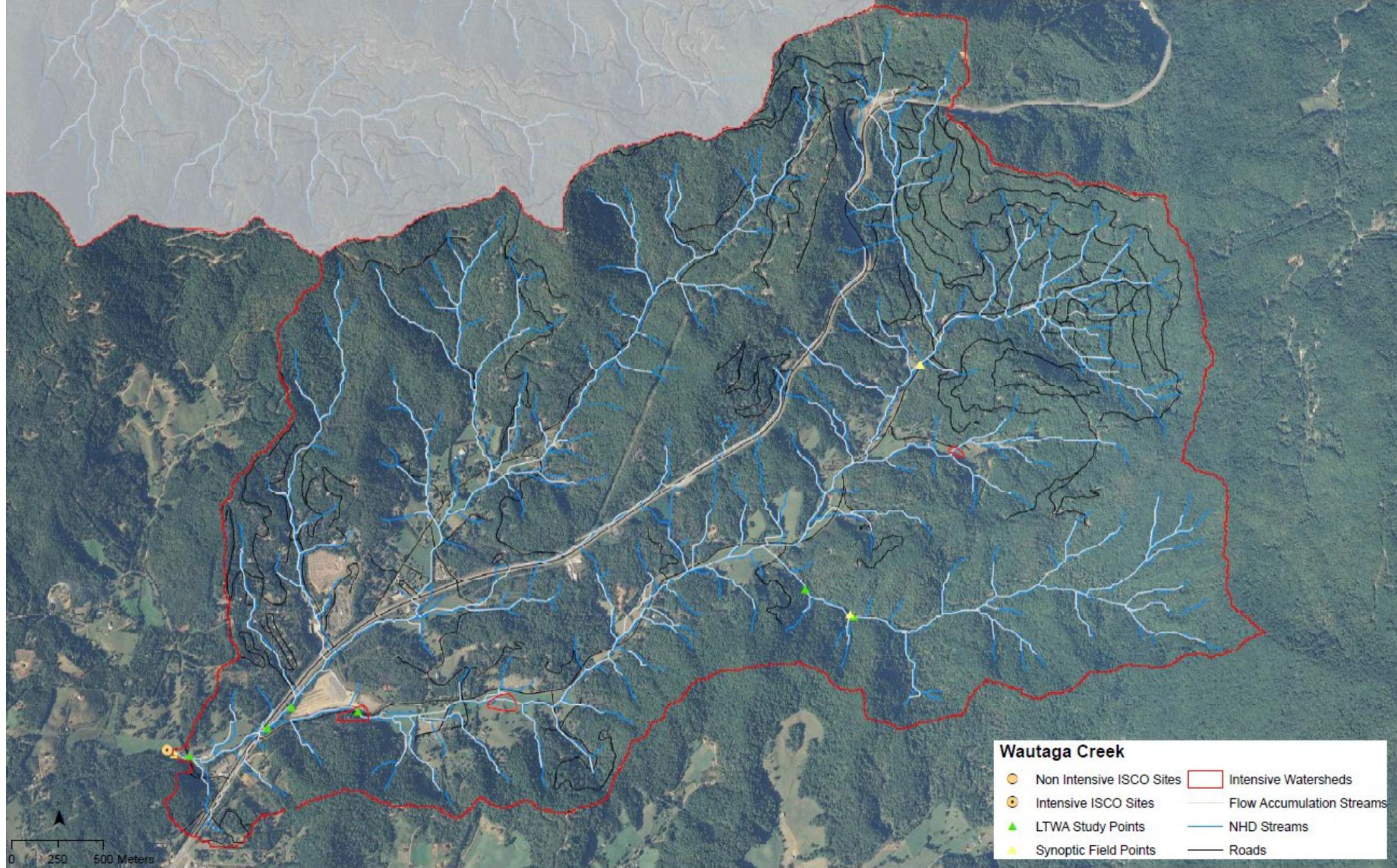


Image by  
John Chamblee



“Mountainside development” land use pattern.

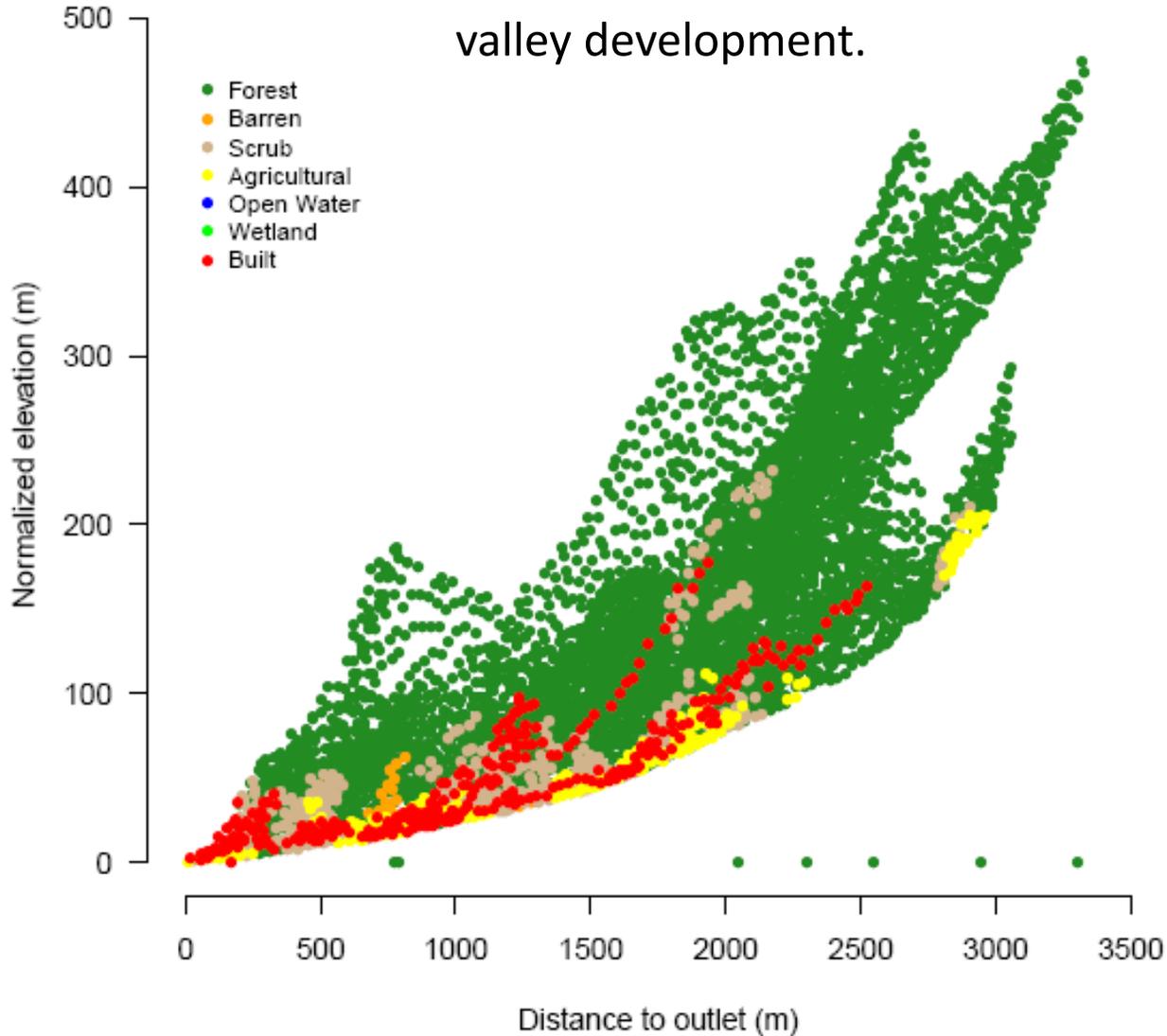
Watauga Creek, northeast of Franklin, NC.

Image by John Chamblee

# Traditional Valley Development Pattern Versus Modern Mountainside Development Pattern (houses on hills)

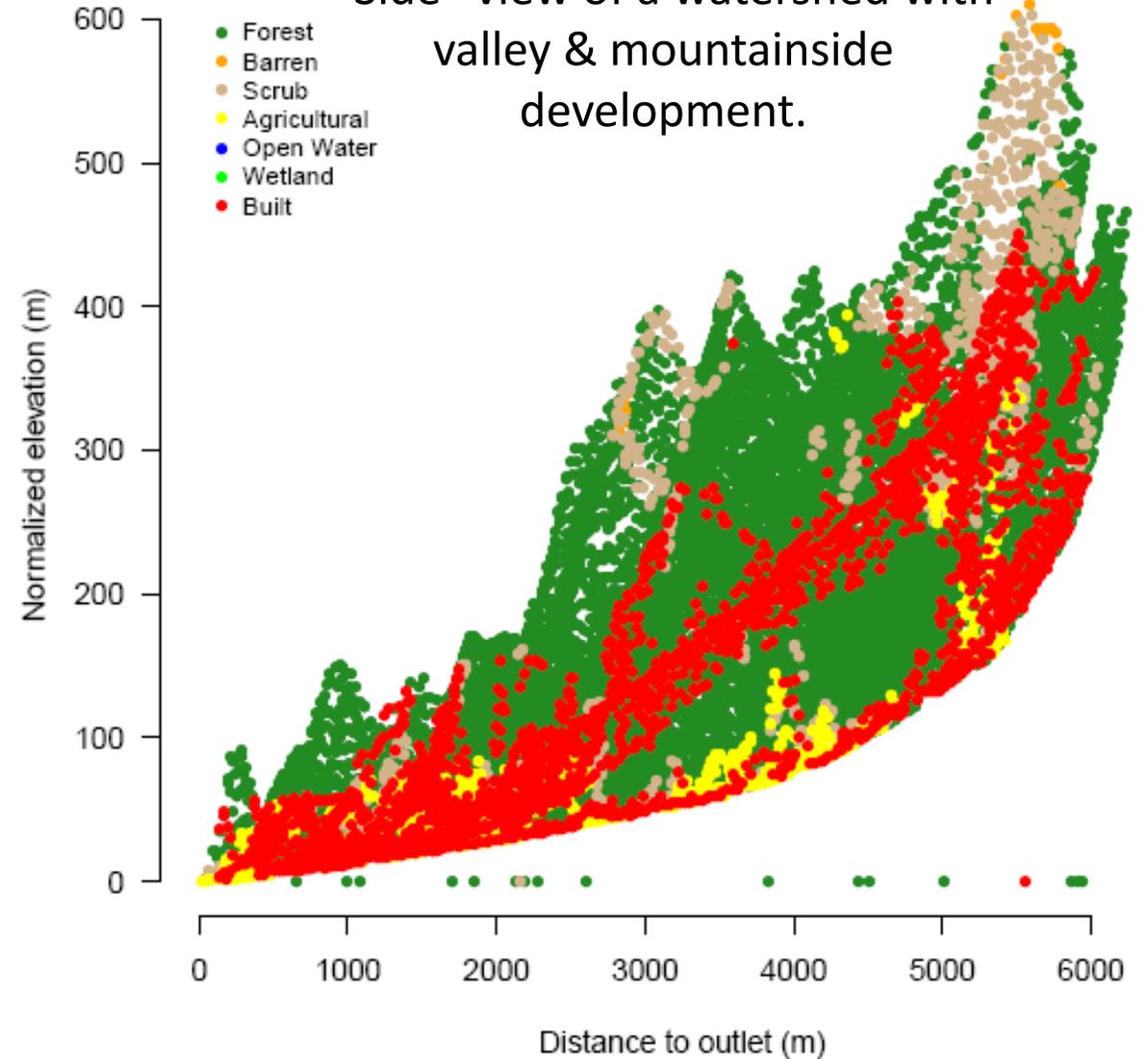
## South Skeenah Mainstem @ ISCO

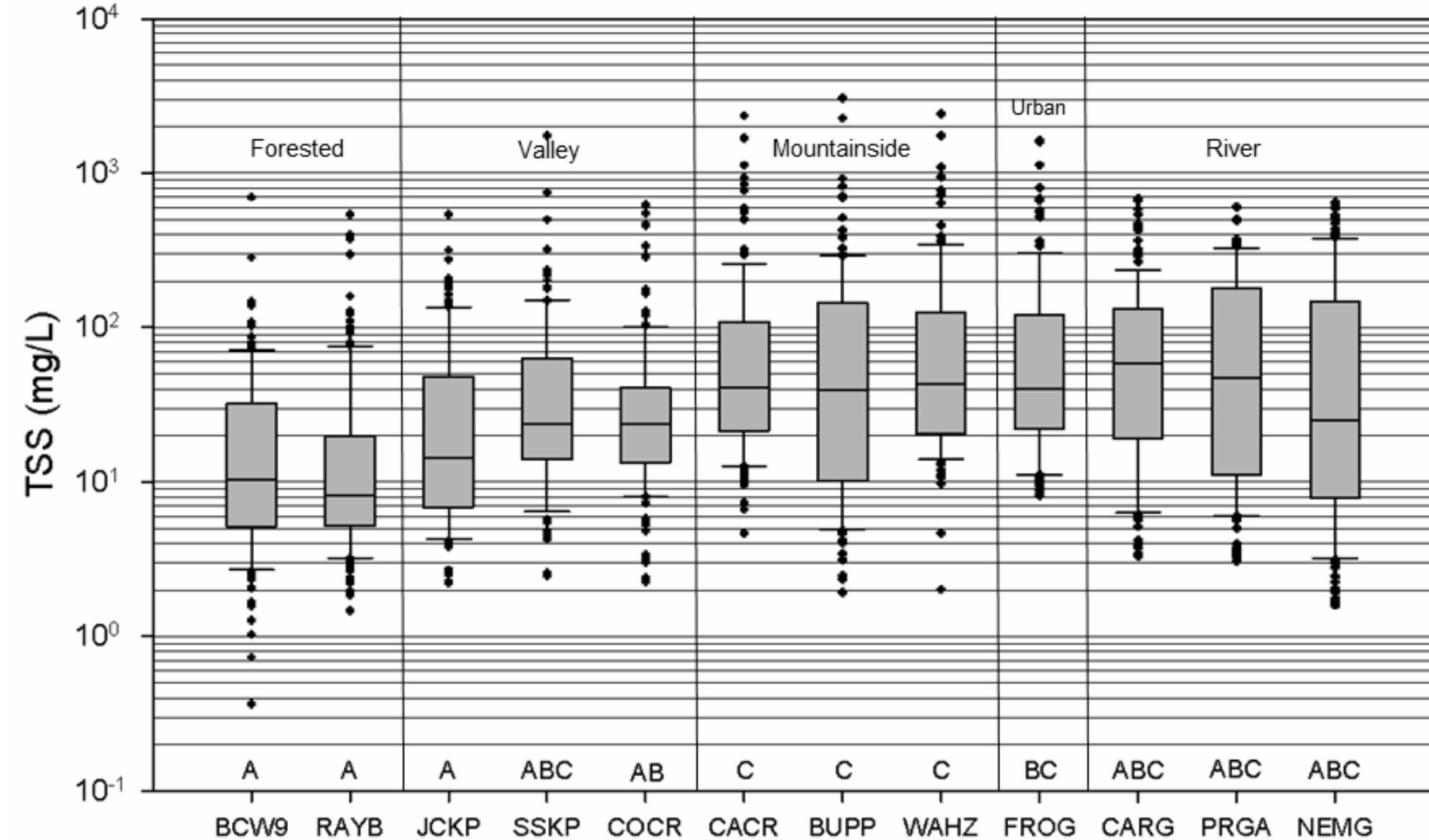
“Side” view of a watershed with valley development.



## Watauga Mainstem @ ISCO

“Side” view of a watershed with valley & mountainside development.

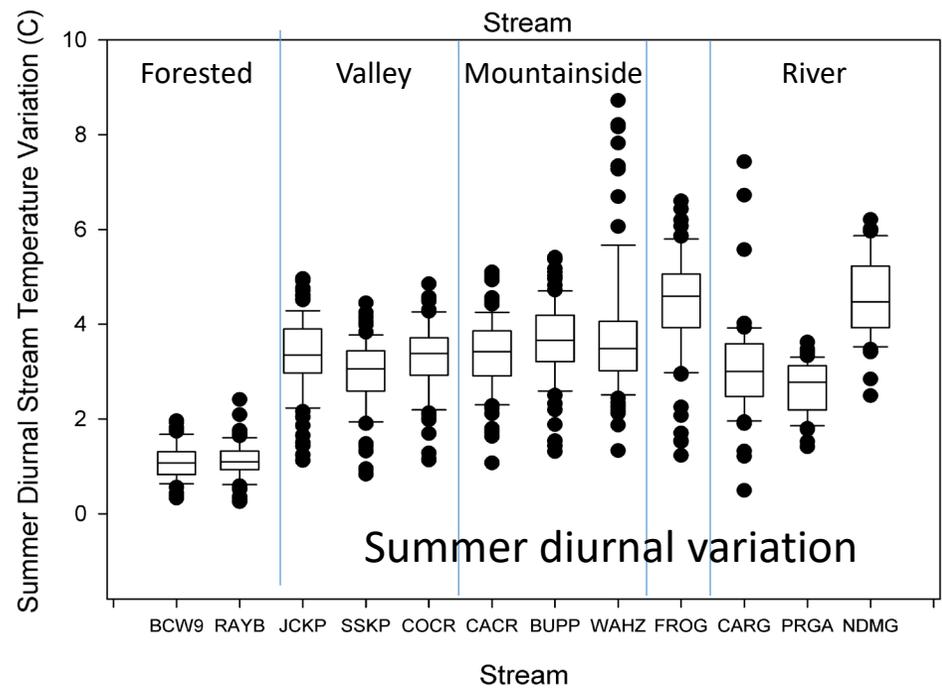
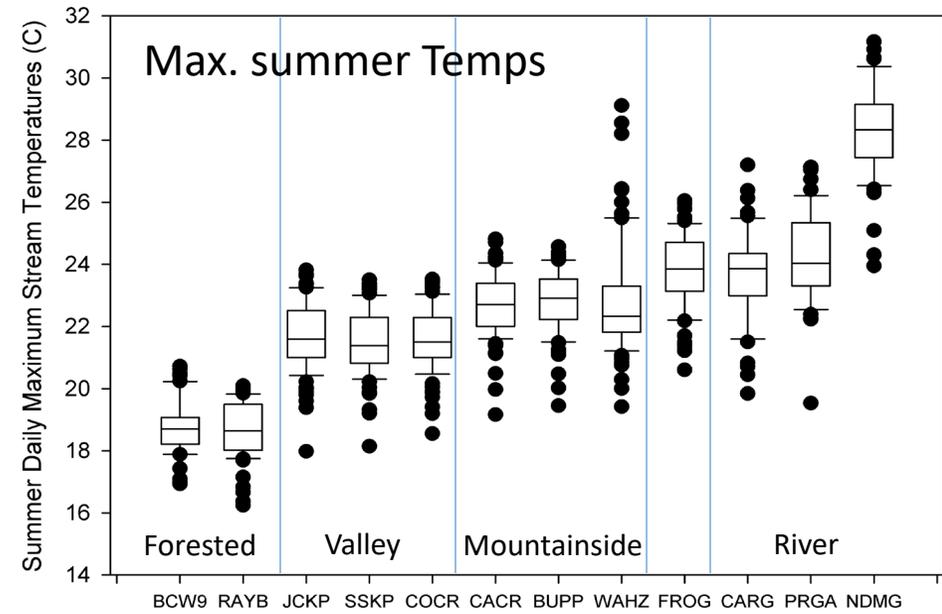




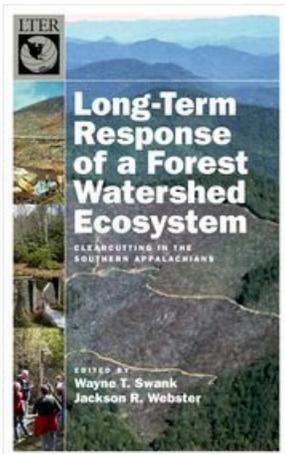
Suspended sediment concentrations elevated 2–6 X above forested streams.



Why? - Road runoff (see photo), dirt roads and driveways, continued effects of past sedimentation, riparian disturbance.



# Long-term affects of forest disturbance on nutrient cycling and export.



Context: highly diverse forest with high rainfall falling all year.  
Basin area = 59 ha.

*Swank and  
Webster 2014*

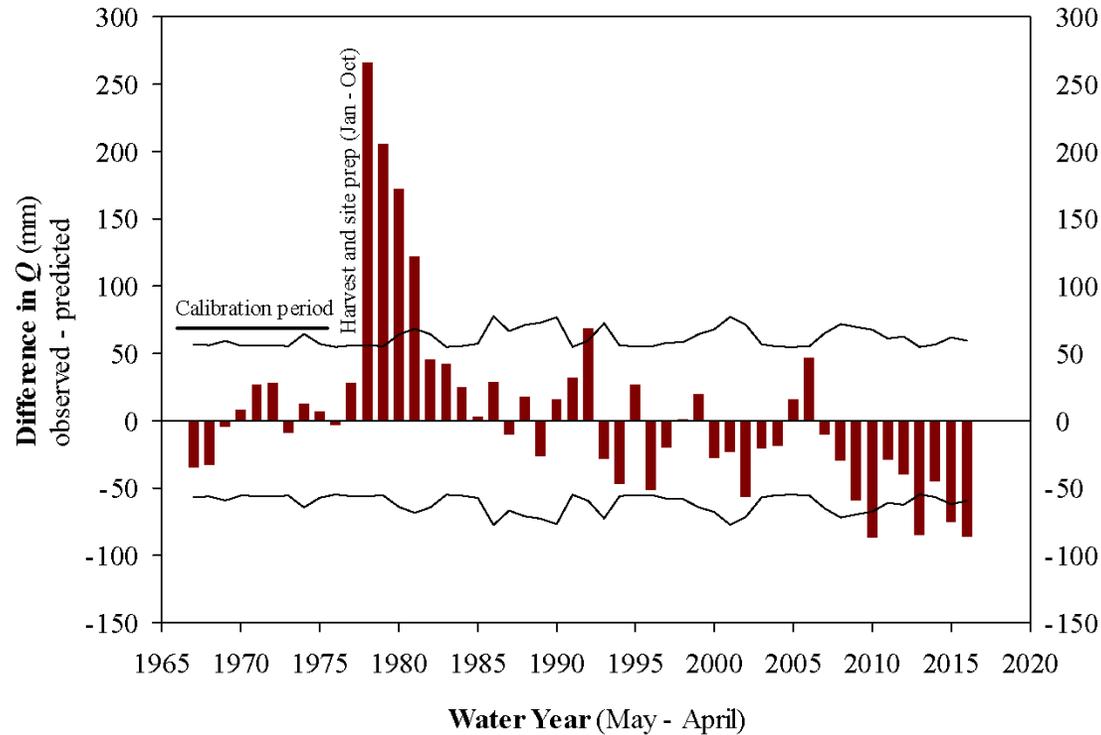
Mixed-hardwood forest of Watershed 7 was clearcut-harvested in 1977 and allowed to regenerate naturally.

new roads

cable-yarding

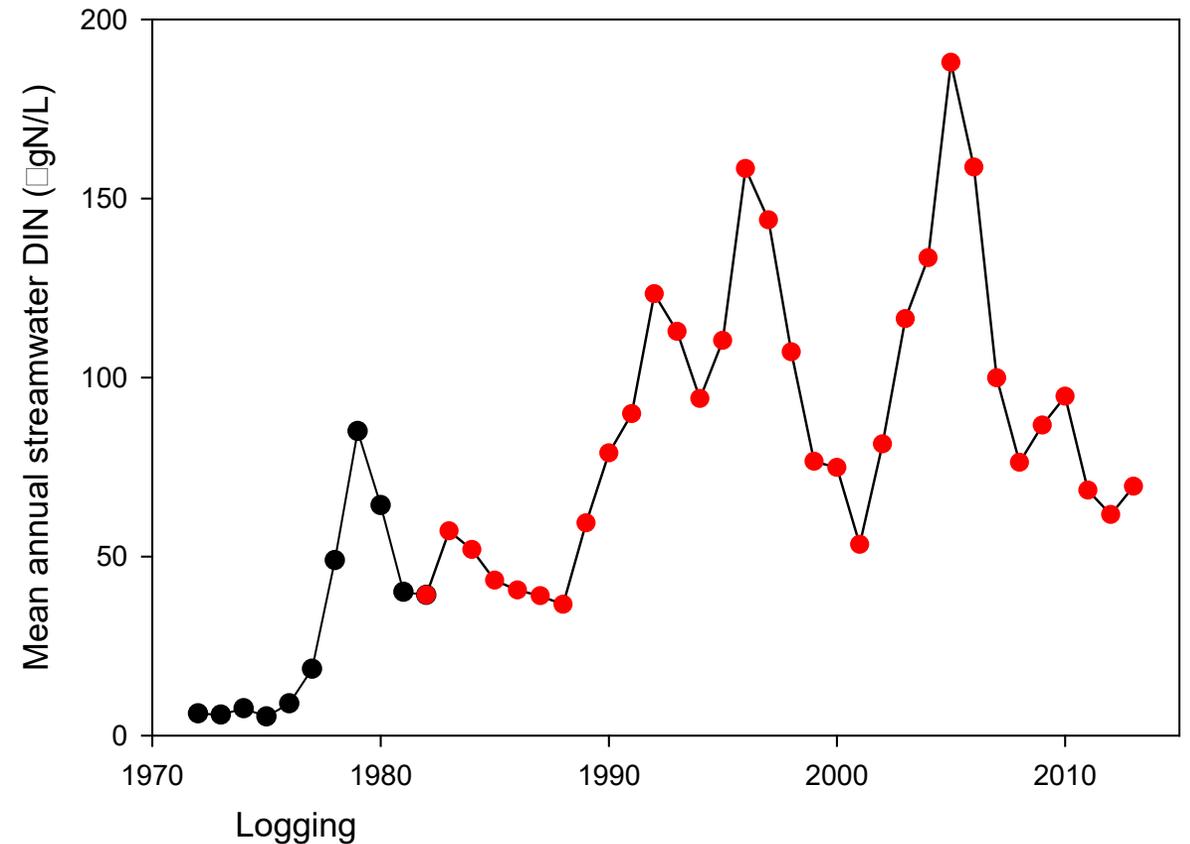
no riparian buffers

Experiment designed to test “ecosystem resistance and resilience” ideas.



Discharge increased substantially for four years following harvest, then remained similar to the reference watershed for the next 25 years. At that time, discharge became consistently and sometimes significantly lower than in the reference watershed.

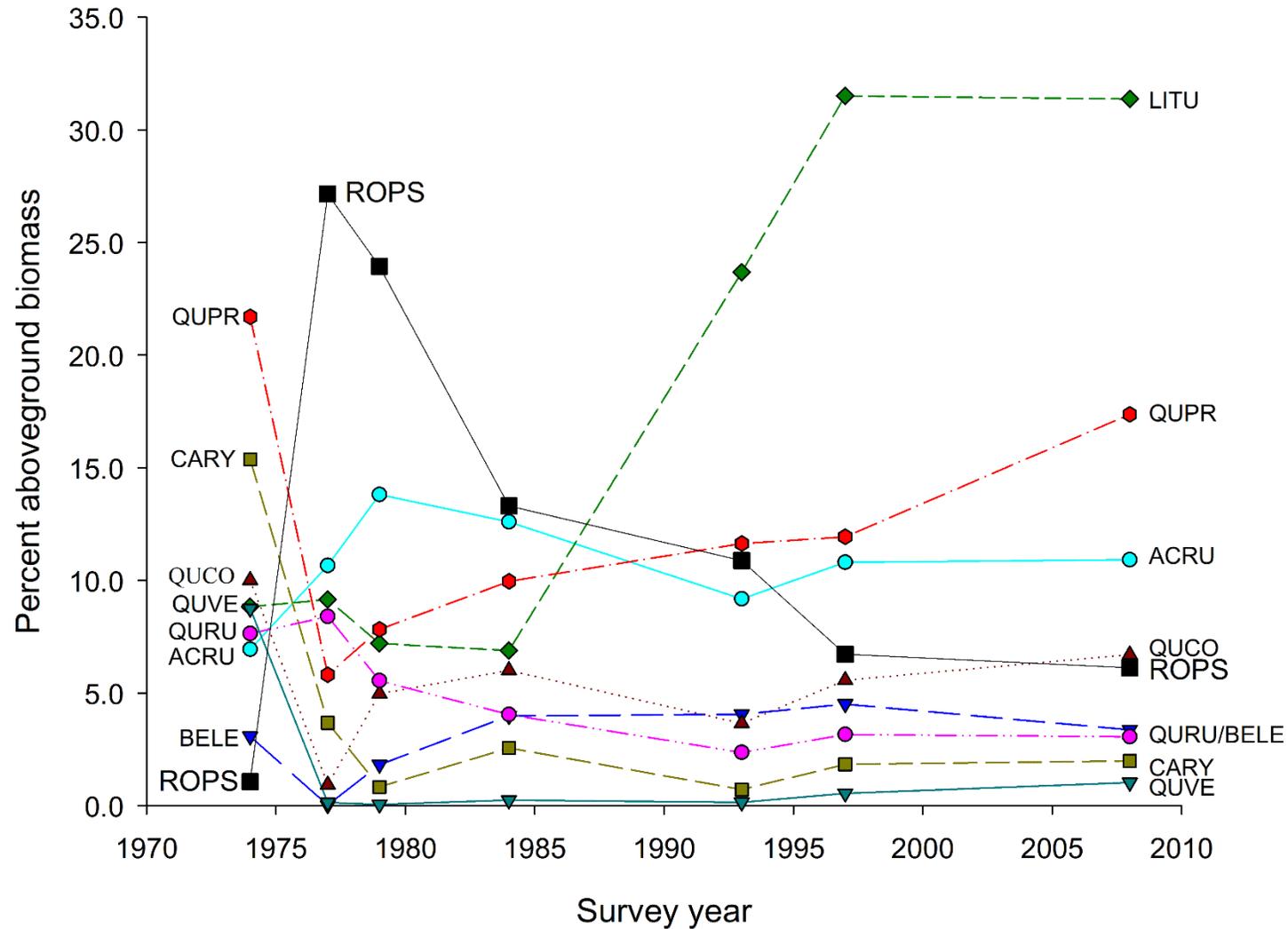
**Some ecological processes are slow, and responses to past disturbances can be long-lived.**



**Dissolved inorganic nitrogen (DIN)** was released after harvest due to lack of plant uptake of continuing soil mineralization, and the system appeared to start moving back towards pre-harvest condition until stream DIN increased again 12 years after harvest. What was going on?

*Webster et al. 2016. Ecosystems.*

*Jackson et al. 2018. WIREs Water*



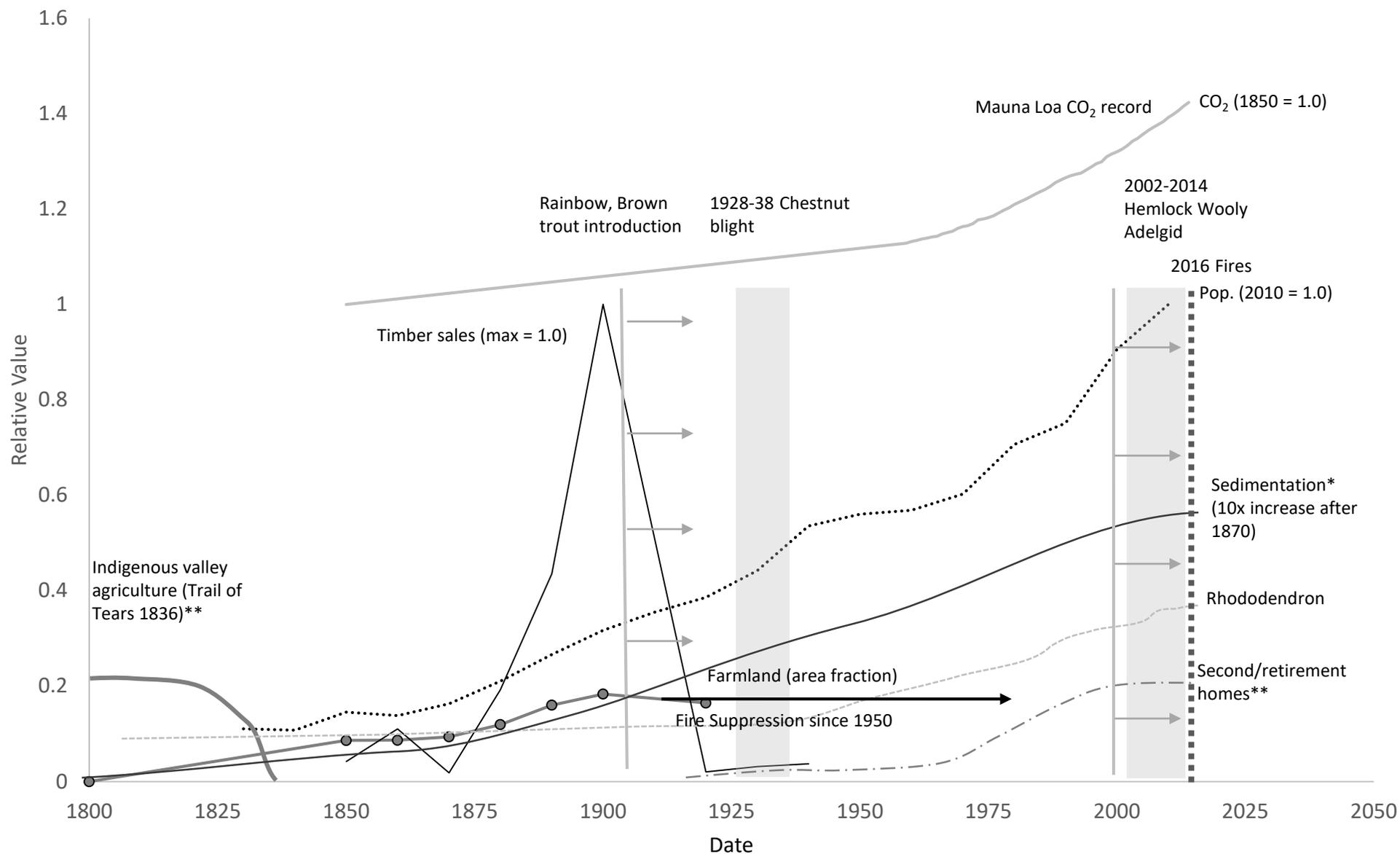
Time series of percent above ground biomass of dominant forest plant species.

“ROPS” is *Robinia pseudoacacia* L., aka Black locust, a tree species that facultatively produces nitrogen-fixing nodules in the soil when soil N levels are low and limiting plant growth.

Robinia became dominant early in succession, but most died off quickly. Still, 30 years after harvest, Robinia was a much bigger part of the forest than it was pre-harvest.

Why have elevated DIN levels persisted so long?

# Select large-scale disturbance history of the Southern Appalachian Mountains

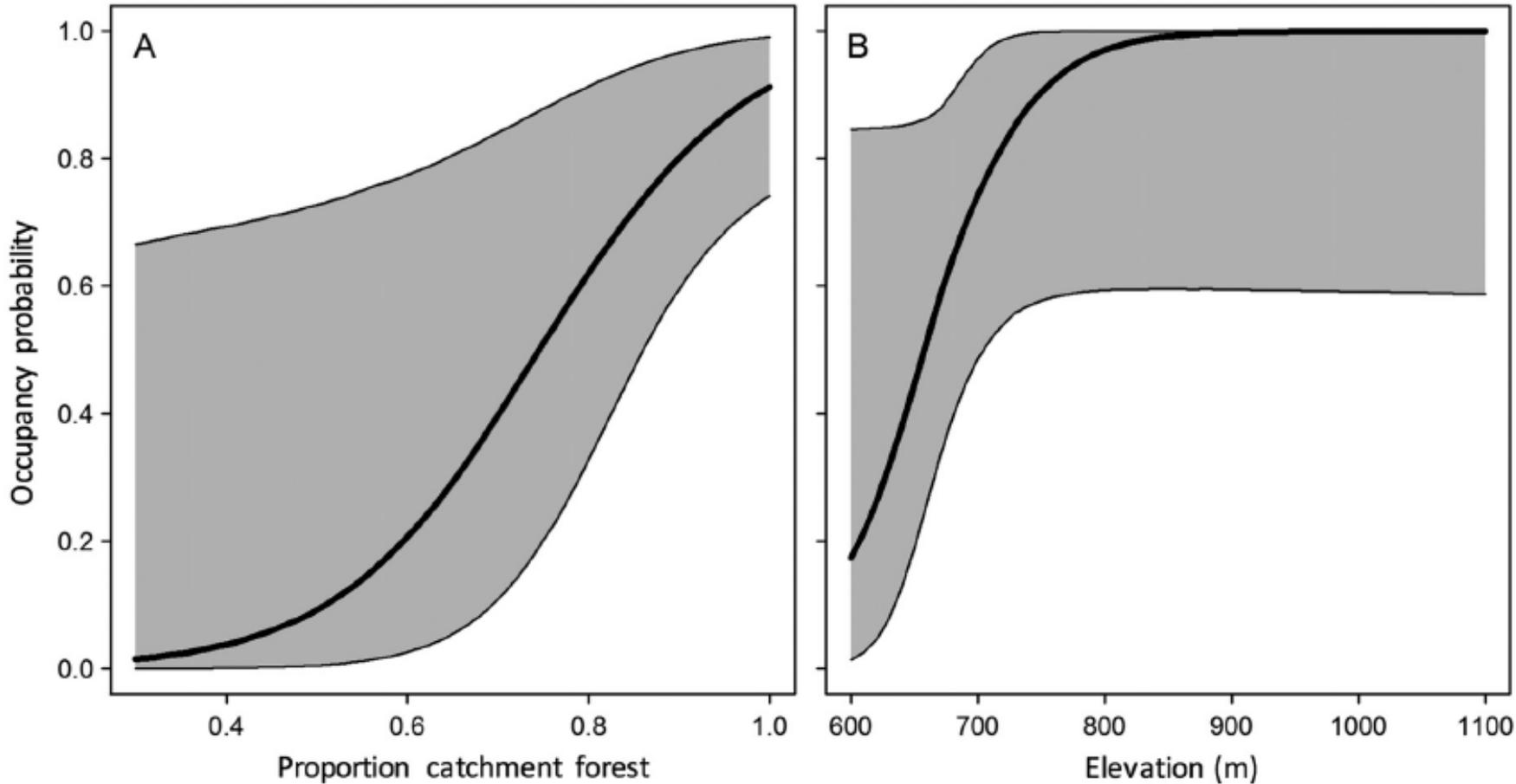


\*semi-quantitative timeline – based on sedimentation data with poor time resolution.

\*\*Best guess timeline – County parcel data cannot be used to definitively identify second homes or retirement homes.

## Multiple drivers, scales, and interactions influence southern Appalachian stream salamander occupancy

KRISTEN K. CECALA <sup>1,8,†</sup> JOHN C. MAERZ,<sup>1</sup> BRIAN J. HALSTEAD,<sup>2</sup> JOHN R. FRISCH,<sup>3</sup>  
TED L. GRAGSON,<sup>4</sup> JEFFREY HEPINSTALL-CYMERMAN,<sup>1</sup> DAVID S. LEIGH,<sup>5</sup> C. RHETT JACKSON.<sup>1</sup>



“small-to-moderate regional declines in forest cover cause corresponding declines in salamander abundance.”

“Few reach-level metrics were included in our final multi-scale models suggesting that variation in salamander occupancy was largely driven by large-scale interactions such as forest cover and elevation or stream network structure.”

Fig. 3. Model-averaged effects of (A) proportion catchment forest land cover and (B) elevation on larval *Desmognathus quadramaculatus* reach-level occupancy. Bold lines indicate posterior medians, and gray-shaded areas and light lines represent the 95% credible intervals.

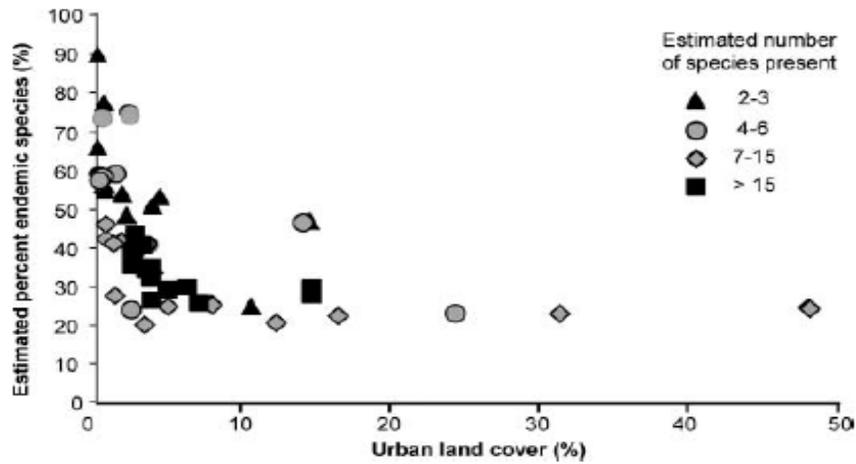


FIGURE 3. Average proportion of all species in a study reach that were endemic to the southern Appalachian highlands versus urban cover in wadeable streams the Little Tennessee River basin. The proportion of species was estimated using the best approximating multispecies, multiscale occupancy model and assuming summer season.

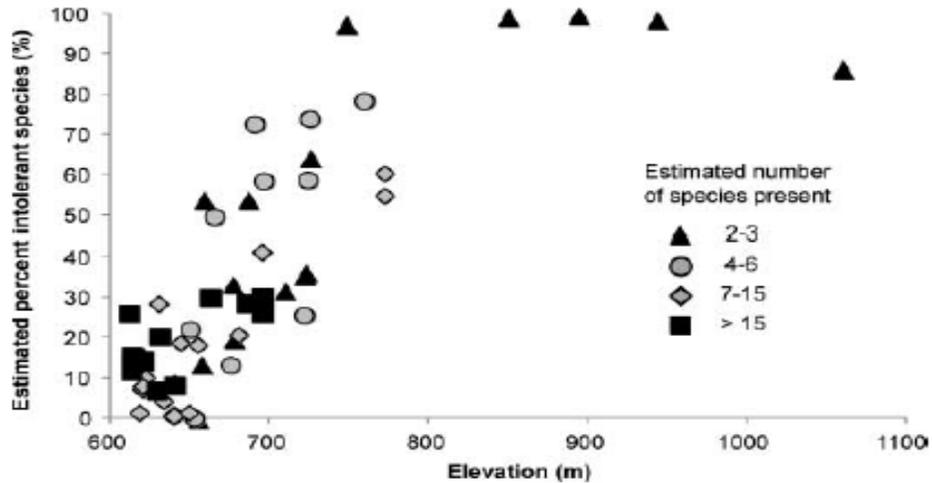


FIGURE 4. Average proportion of all species at a study reach that were warmwater intolerant versus study reach elevation in wadeable streams the Little Tennessee River basin. The proportion of species was estimated using the best approximating multispecies, multiscale occupancy model and assuming summer season.

Kirsch, J.E. and J.T. Peterson. 2014. M Multi-scaled Approach to evaluating the fish assemblage structure within southern Appalachian streams. *Trans. Amer. Fish Soc.* 143:1358-1371.

Study involved 525 channel units in 48 reaches sample in 2 consecutive years

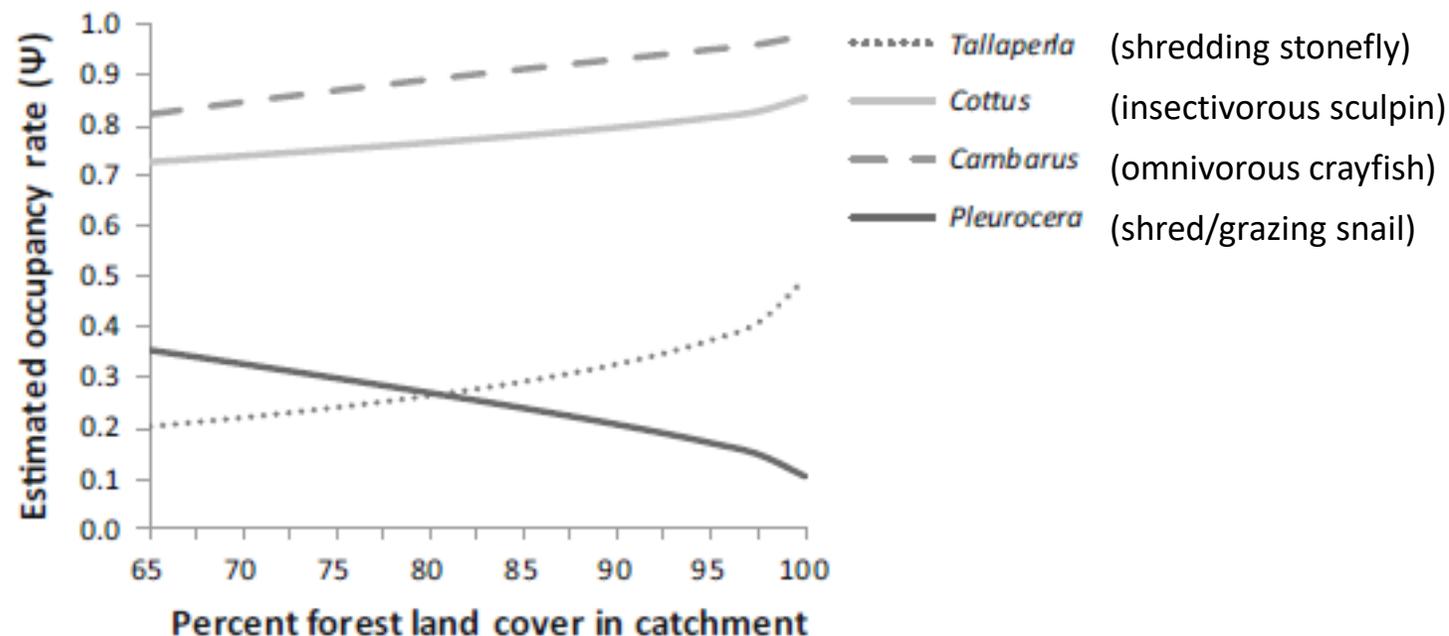
Stream topography, channel units types, and urban land cover were important factors in determining fish occupancy

Habitat quality and thermal regime were most important factors among stream reaches.

Hydrogeomorphology affected occupancy within stream reaches.

## Patch occupancy of stream fauna across a land cover gradient in the southern Appalachians, USA

John R. Frisch · James T. Peterson · Kristen K. Cecala · John C. Maerz ·  
C. Rhett Jackson · Ted L. Gragson · Catherine M. Pringle



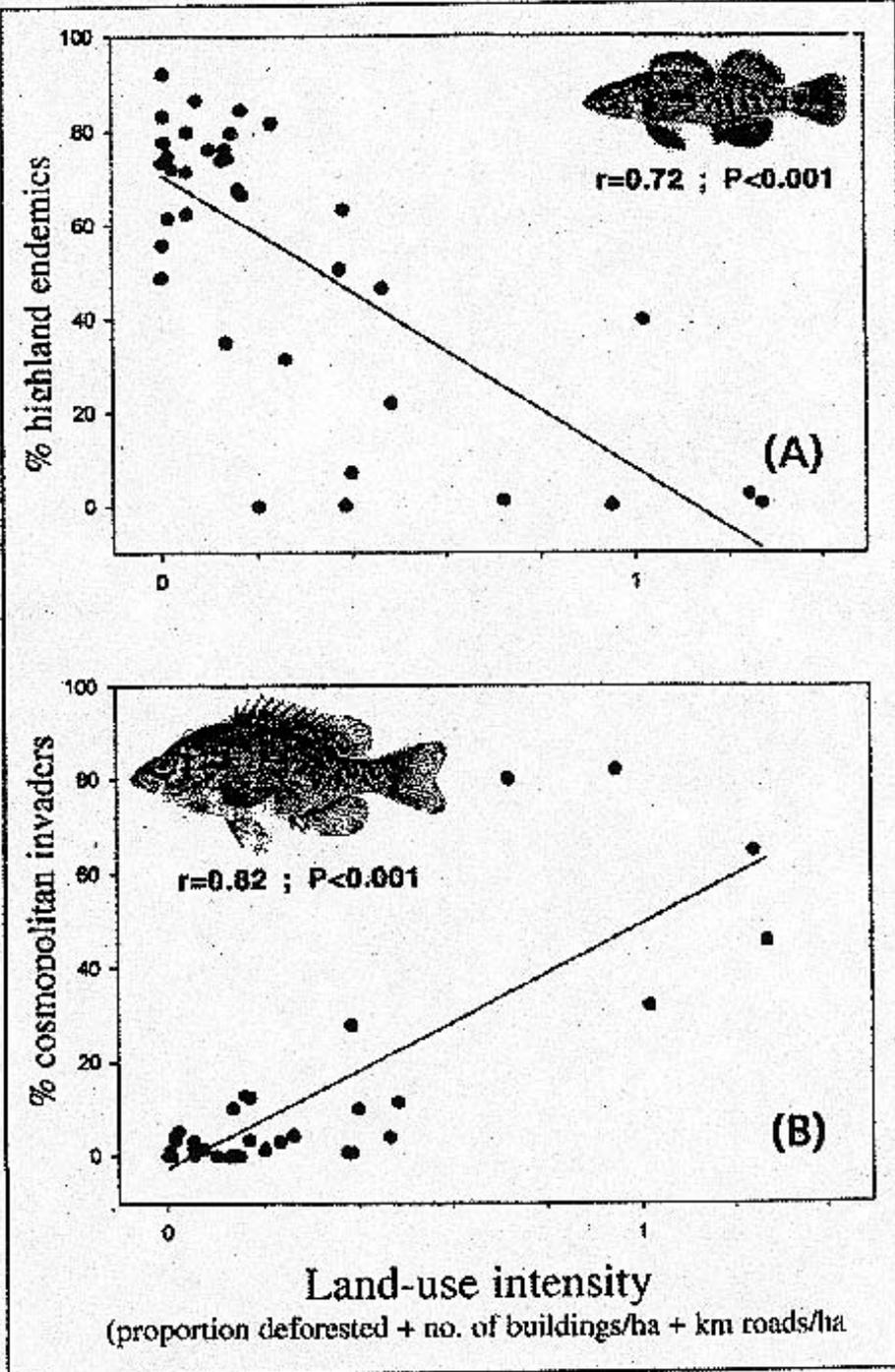
Note x-axis starts at 65%

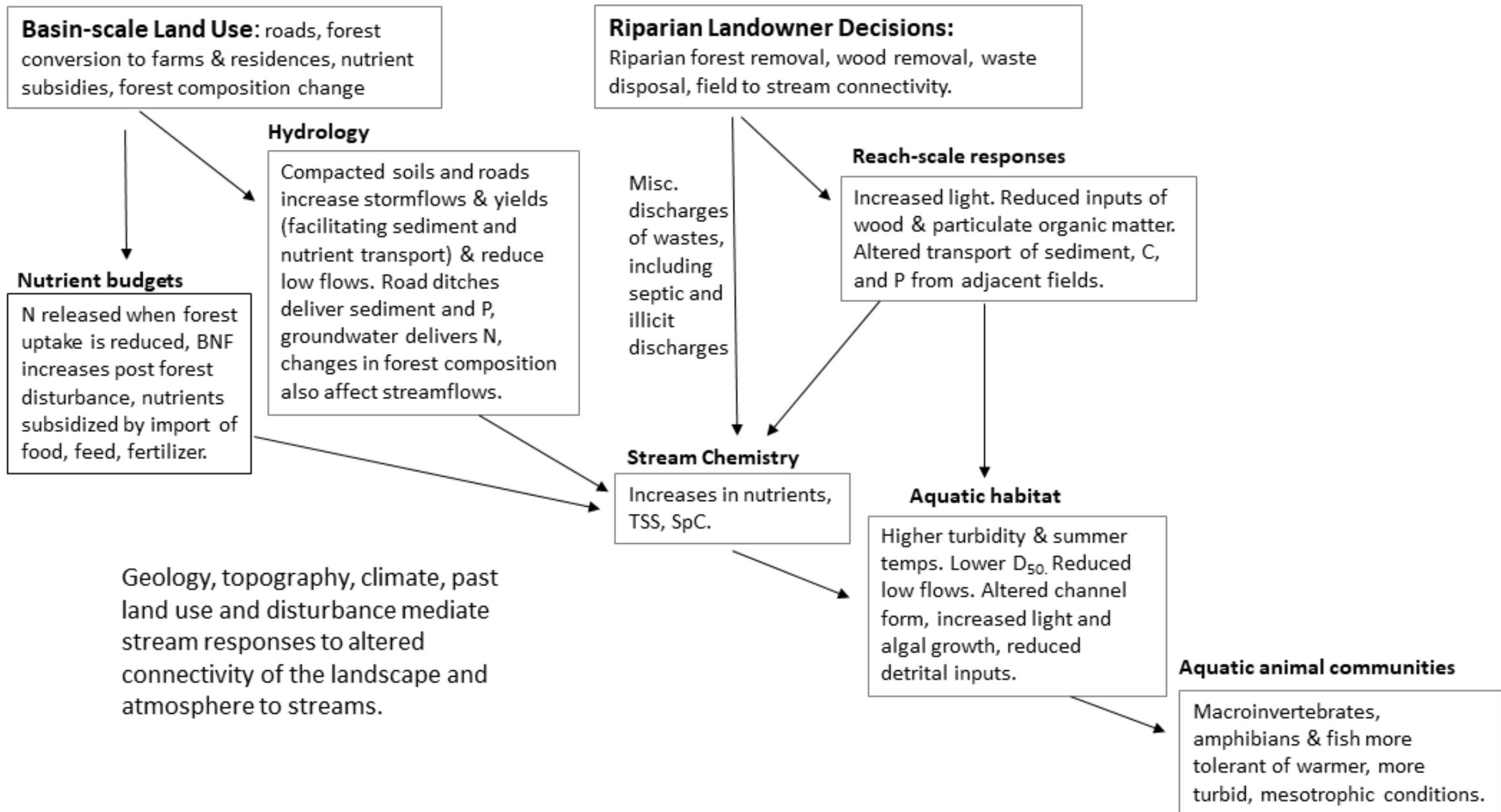
## Best occupancy models for focal taxa

<i>Tallaperla</i>	forest (+)	TDN (-)
<i>Cambarus</i>	ag. (-)	LWD (+)
<i>Cottus</i>	forest (+)	D <sub>50</sub> (+)
<i>Pleurocera</i>	[Ca] (+)	forest (-)

“Our results show the abundance of stream organisms was determined by the taxon-dependent interplay between catchment and reach-level factors”

Scott and Helfman, 2001





- 
1. Stream diverted to clean a large dog kennel.
  2. Streams diverted to ornamental ponds and other landscaping features.
  3. Trash disposal on steep hillslopes on public lands.
  4. Use of the yard for trash disposal.
  5. Application of cow manure to stream banks.
  6. Disposal of kitchen and yard waste in the stream (compost pile in stream).
  7. Mysterious discharges from pipes on the streambanks.
  8. Removal of wood to "clean the stream".
  9. People cutting out coarse wood for canoe/kayak traffic down the river.
  10. Harvest of rocks for landscaping purposes.
  11. Backhoeing the channel to "clean it up".
  12. Feeding of fish in the stream.
  13. Animal carcass disposal in streams.
  14. Recreational damming to create favorable hydraulics for tubing.
  15. Hauling and depositing sand on the streambank to create "beaches".
  16. Sluicing the flows for gem mining.

Upper Crawford Br.

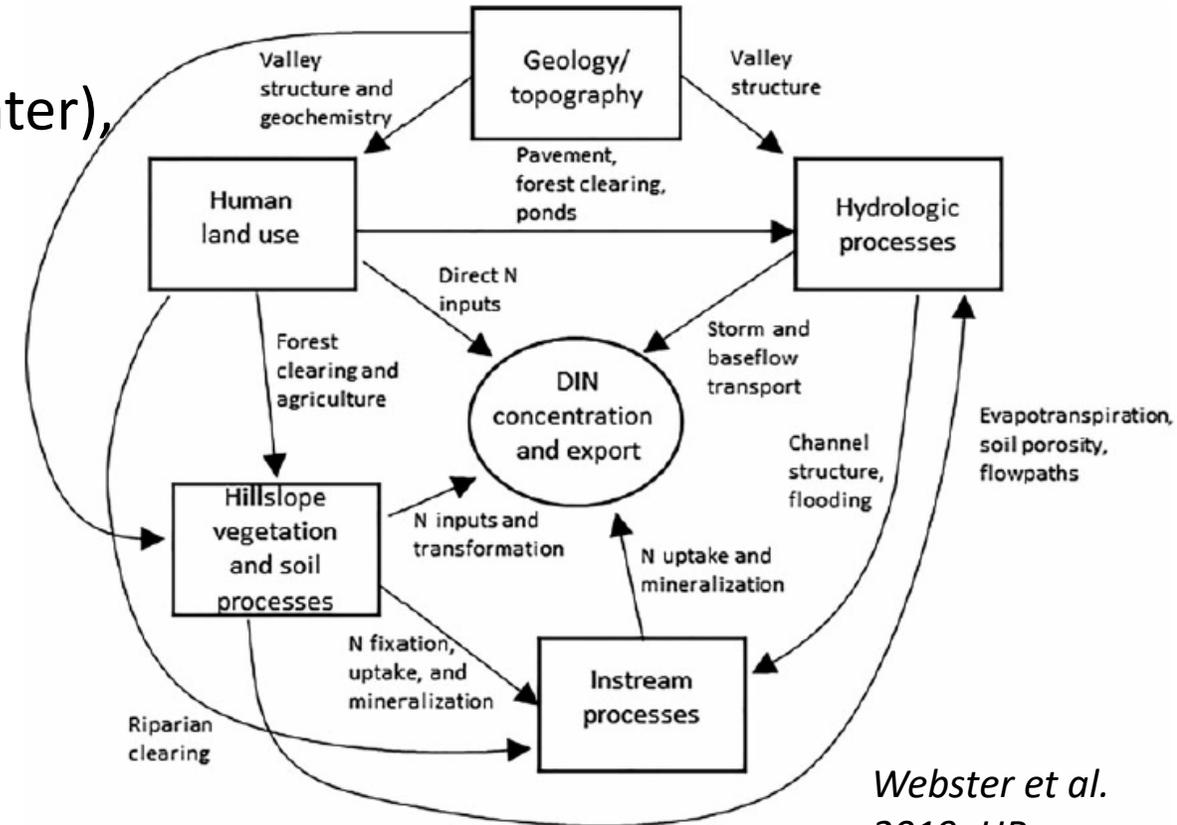
Individual  
landowner  
decisions  
matter!

Riparian  
activities  
we have  
observed in  
the ULT.

Moderate amounts of forest conversion (less than 35%) to small valley farms and rural residential lands, along with riparian forest removal, results in streams with:

Narrow and simple channels without wood,  
Summer stream temperatures too warm for cold water taxa,  
Ecologically high levels of bioavailable nitrogen,  
Elevated specific conductivity (more ions in the water),  
High levels of algal growth,  
Higher sediment concentrations,  
Poor trout habitat,  
Simpler, less diverse aquatic ecosystems,  
Streams that are more like Piedmont streams.

**Most of these problems are solvable.**



## Conclusions

## What can landowners and mountain Counties do to improve stream health?

Let the riparian forest regrow – use gaps for stream access and fishing

Reduce sediment delivery from unpaved roads and roadside ditches

Minimize fertilizer application

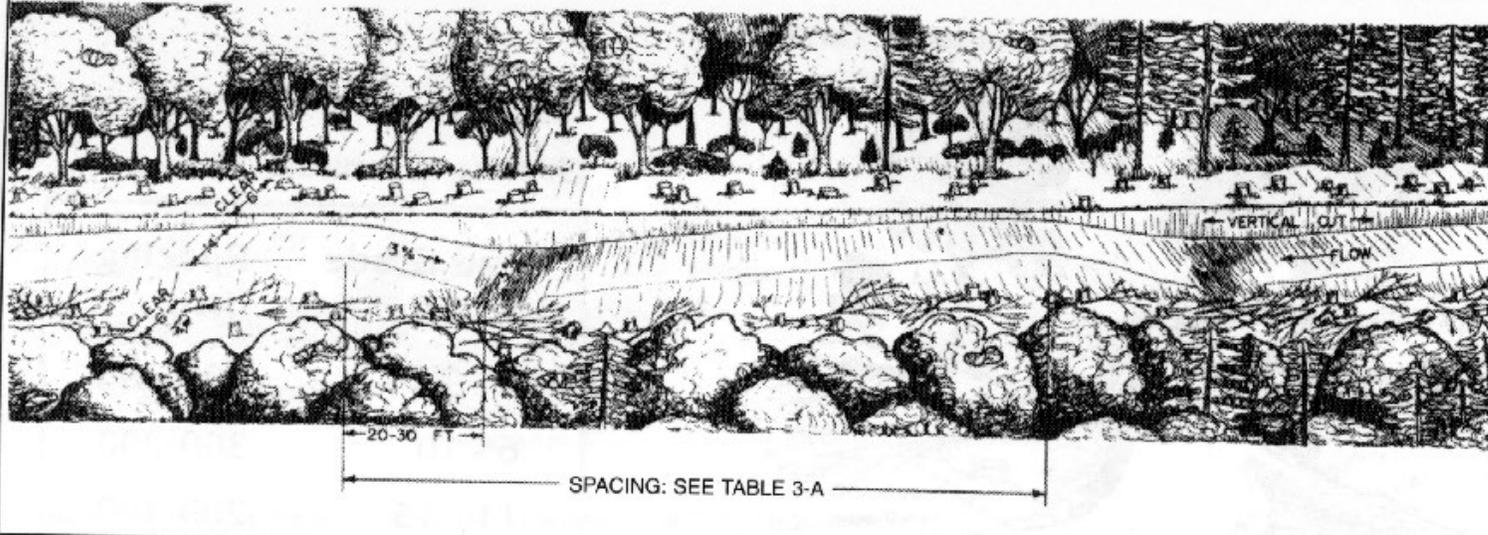
Fence the livestock out of streams

Eliminate illicit discharges

Maintain/improve septic systems

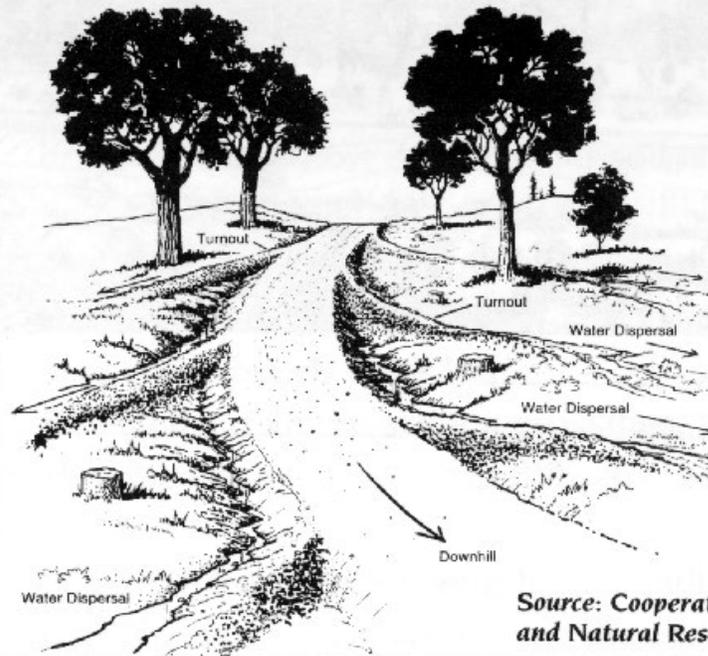


**Figure 3-A. Broad-based Dip Road**



Guidelines for reducing sediment transport from unpaved roads to streams are well-developed in forestry best management practices (BMPs).

**Figure 3-C. Design and Installation of Turnouts**



**Table 3-B.**  
**Spacing of Turnouts**

Road Grade (percent)	Spacing (feet)
2 - 5	500-300
6 - 10	300-200
11 - 15	200-100
16-20	100

Source: Cooperative Extension Service Division of Agricultural Sciences and Natural Resources, Oklahoma State University

Funding: National Science Foundation LTER Program  
United States Forest Service  
University of Georgia



Collaborating Institutions in the Coweeta LTER:

University of Georgia, Virginia Tech University, University of Minnesota,  
University of Illinois, Indiana University, University of Wisconsin, University of  
Virginia, University of North Carolina, Mars Hill College, Duke University

Some Notable Macon County Locals Involved in These Projects:

Jason Love

Jennifer Knoepp

Pete Caldwell

Chris Oishi

Patsy Clinton

Katie Bower

Randy Fowler

Cindi Brown

Sheila Gregory

Jason Meador

Kitty Elliott

Stephanie Laseter

Barry Clinton

Chris Sobek

Joel Scott

Michelle Ruigrok

Carol Harper

