



HIGHLANDS BIOLOGICAL FOUNDATION

Week 2

Nearby Nature – Frogs

Monday 3/23

Happy Monday! It's spring (yay!), and frogs are out singing to attract mates (ohh my), soooo we have a week full of frog fun prepared for #NearbyNature 🐸 Today, we encourage you to use the link below to become familiar with the frogs in your area and their calls. This evening, we hope you'll adventure out on your porch and listen to see which of the spring singers you hear.

<http://herpsofnc.org/frogs-and-toads/>

The best time to hear them is about 30 minutes after sunset (which would be 8:15 p.m. here), but some will be active and looking to breed before then, so don't fret! If you live on the Plateau, the list below includes some of the spring singers you may hear.



**Nearby Nature:
Frogs on the Plateau!**

- SPRING PEEPER
- AMERICAN TOAD
- COPE'S GRAY TREEFROG
- AMERICAN BULLFROG
- GREEN FROG
- WOOD FROG (FEBRUARY BREEDERS)

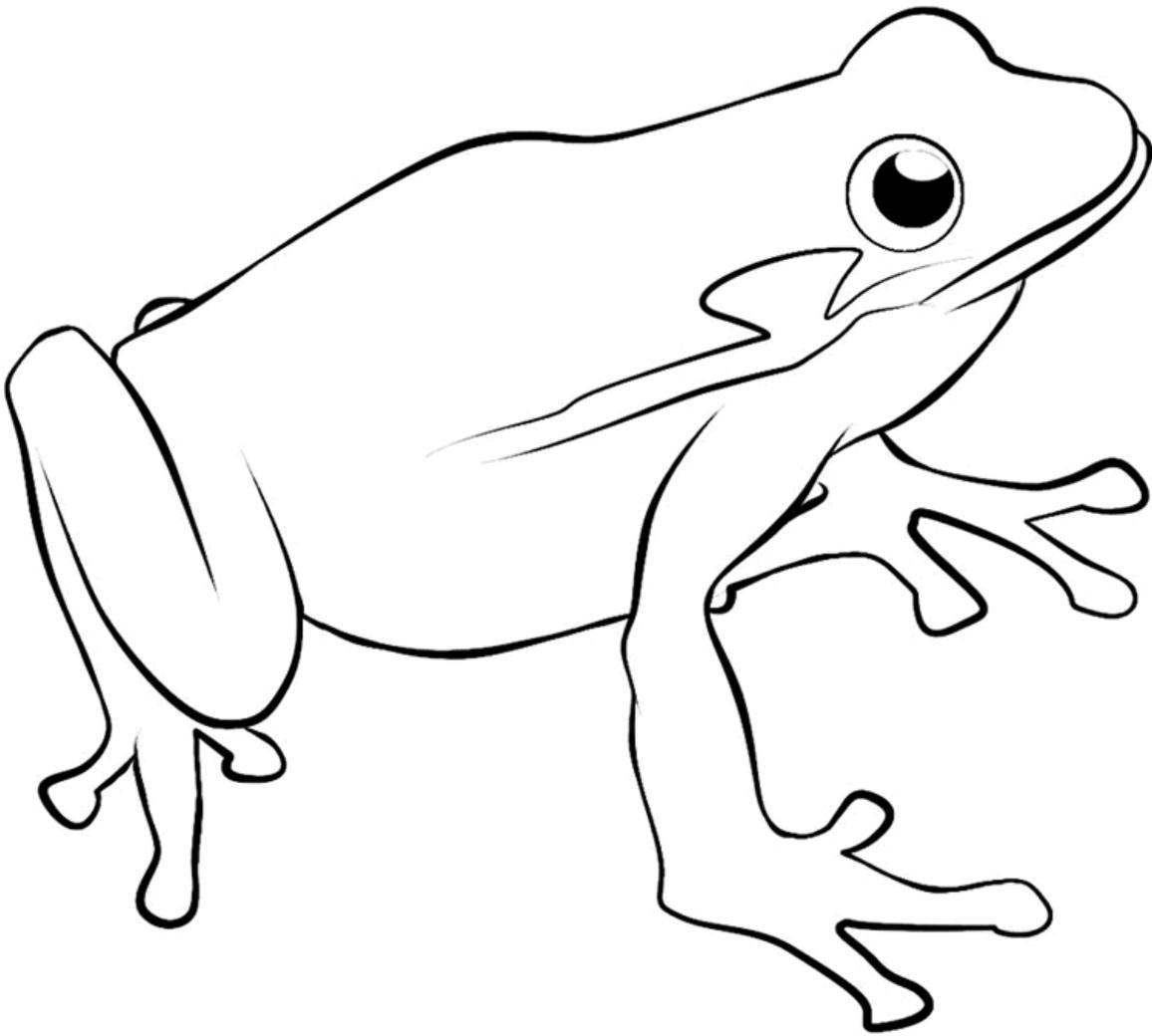

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Tuesday 3/24

We have another fun frog activity as part of our #NearbyNature programming for all those who are looking for something to do at home today!

Frog camouflage/coloring activity 🐸:

- 1.) Print out the frog outline below. (Courtesy of Clipart.co)
- 2.) Color it in! --try to color it like one of the frogs found in your area (<http://herpsofnc.org/frogs-and-toads/>).
- 3.) Find a place (inside or outside) where it blends in with its surroundings - where would that frog be able to hide from predators or prey? Frogs and other species have skin and features that are adapted to their surroundings, so they can camouflage and hide. Sooo cool!
- 4.) Share your frog creation with us!

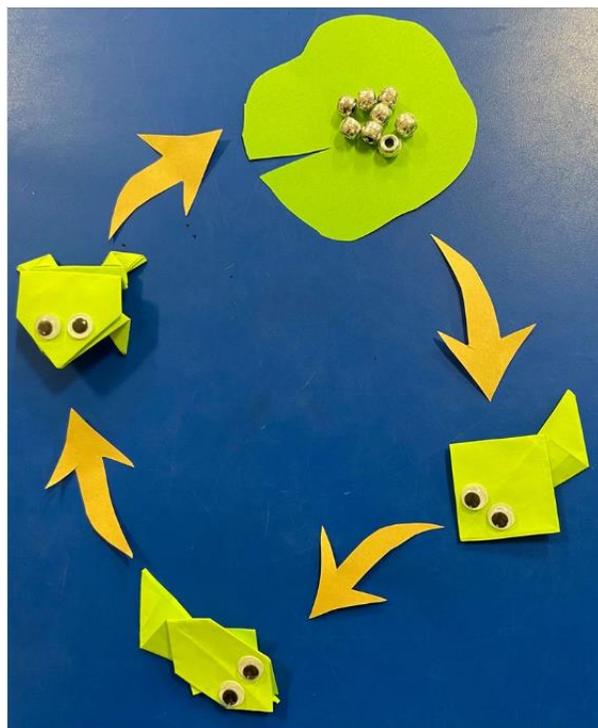


Wednesday 3/25

For today's #NearbyNature , we're sharing one of the Asheville Museum of Science's Daily Doses of Science. Use the link below to learn how to make an origami frog and to learn about metamorphosis 🐸

Visit their page to sign up to receive their Daily Dose of Science! Like us, they're working hard to bring you fun, educational material that you can do at home with the kids.

AMOS's "Origami Frog Metamorphosis:" <https://ashevillescience.org/wp-content/uploads/2020/03/frog-metamorphosis.pdf?fbclid=IwAR1aG131rFSNE8i6k1Uvwejx9RRLG6pMU0zOL4pS5iFGLRZvzE3TH4b1Gh8>



Thursday 3/26

What's the difference between a frog and a toad?? For today's #NearbyNature , we're diving into this question with a [SciShow Kids](#) video. Hear all about the key differences, then look at the images on page 4 and tell us which of the critters are frogs and which are toads.

Once you're done, we recommend playing an old fashioned game of leap frog...include some toads now that you know how they move differently than frogs. 🐸🐸

<https://www.youtube.com/watch?v=rVAjUSLkDLo>



[Balsam Mountain Trust](https://www.facebook.com/BalsamMountainTrust/videos/520241622253027/) posted the perfect video to go along with our frog themed #NearbyNature posts this week...Check it out here: <https://www.facebook.com/BalsamMountainTrust/videos/520241622253027/>

Friday 3/27

Hoppy Fridayyy! 🐸 We're closing out this week's frog filled #NearbyNature posts by sharing this awesome organization with you! [FrogWatch USA](https://www.frogwatch.org/) is a citizen science program that invites individuals and families to learn about the wetlands in their communities and help conserve amphibians by reporting data on the calls of local frogs and toads. Visit the link to learn more and see how you can become a volunteer:

<https://www.aza.org/frogwatch>